

SYNOPSIS

In order to ensure accountability and documentation of each candidate's journey, a synopsis of their season's training and teaching will be required. To assist in completing the synopsis, a detailed logbook is strongly recommended.

The log book is the responsibility of the candidate to maintain and the responsibility of the trainer to review it at least the day of the Level I exam. It is encouraged to be periodically reviewed over the course of the season with each candidate regarding successes and struggles.

This proactive and reflective process will assist in helping the candidate identify their own strengths and weaknesses as well as assist the trainer in individualizing feedback and resources. The log book is intended to be:

- A resource and tool for the professional instructor as they learn and grow.
- An environment for learning: the act of keeping logs and checklists helps to process learning experience(s).

Documentation and reflection are valuable skills that create a road map for the educational journey a new instructor is embarking upon.

To be utilized most successfully, the log book should contain the following at a minimum:

- Categorizations to allow processing of **WHAT** the teaching or clinic goal was, **WHY** the goal was established and **HOW** the goal was reached.
- A reflection as to why the goal was or was not met, how adjustments were made and the struggles or successes involved with lesson adjustments.

Sample teaching logs are available in the PSIA-AASI New Instructor Guide https://www.psia-nw.org/wp-content/uploads/PSIA_GuideForNewInstructors_11-7-17.pdf or you may create your own.

The one-page synopsis sheet follows and is also available on the website, under certification. Candidates need to bring the completed synopsis of their season with them to the Level I exam and it needs to be included in all the paperwork returned to PSIA-NW in the Level I packet.

Level I Synopsis

NAME _____ DATE _____ SCHOOL _____

PLEASE PLACE A CHECK BY ANY OF THE BELOW YOU HAVE TAUGHT:

Adults__ Age 20-49__ Age 50↑__ Children__ Age 5↓__ Age 6-12__

Teens 13-19__ Groups__ Multi-week__ Privates__

PRACTICAL TEACHING:

Please provide a brief review of your experiences.

1. WHAT WORKED WELL?

2. WHAT WERE YOUR CHALLENGES?

3. WHAT AREA(S) DO YOU FEEL NEED IMPROVEMENT TO BE MORE EFFECTIVE IN YOUR TEACHING?

TRAINING CLINICS:

Please provide a brief review of your experiences.

1. TYPE OF CLINICS?

2. WHAT WORKED WELL?

3. WHAT AREA(S) DO YOU FEEL YOU NEED MORE TRAINING IN TO BE MORE EFFECTIVE IN YOUR TEACHING OR SKIING?

Participant Signature _____

Participant's Trainer Signature _____