





KEY CERTIFICATION UPDATES | 2016-2017



WHY THE UPDATE?

1. COMPLY WITH NEW NATIONAL STANDARDS

Teaching and Professional Knowledge

2. VALIDATE CANDIDATE'S UNDERSTANDING

- Snowboarding Fundamentals and Categories
- Teaching Fundamentals and Categories
- Professional Knowledge Fundamentals and Categories
- 3. CANDIDATES ARE BETTER PREPARED FOR NEXT LEVEL OF CERTIFICATION
- 4. ONLINE REGISTRATION/ONLINE WRITTEN TEST

POLICY & PROCEDURE UPDATES



POLICY AND PROCEDURES:

- 20 hours of combined practical teaching hours and clinic, training hours.
- 10 hours minimum each for teaching and clinic time
- On snow combined riding and teaching assessments
- Up to 15 minutes for candidate to present teaching topic
- 6 hours on snow assessment, 1 hour indoor assessment
- Group size of 6 people, 8 maximum
- Required Synopsis reviewed and signed by candidate and their trainer
- Online Membership Join
- Online Written Test
- Online Registration for on snow test





Level I Synopsis

| | | | | | YOU HAVE | |
|---|-----------|---------------|-------------|------------|-------------|------------------|
| Adults | Age | 20-49 | Age 50个 | Children | Age 5↓ | Age 6-12 |
| Teens | 13-19 | Groups | Multi-weel | k Pr | ivates | |
| PRAC | FICAL TE | ACHING: | | | | |
| A minimum of ten practical teaching hours are required to participate in a Level I exam. Please provide a brief review of your experiences. | | | | | | |
| 1. WHAT WORKED WELL? | | | | | | |
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| 2. WHAT WERE YOUR CHALLENGES? | | | | | | |
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NAME_____DATE____SCHOOL____





| TRAINING CLINICS: A minimum of ten clinic/training hours are required to participate in a Level I exam. Please |
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| provide a brief review of your experiences. |
| 1. TYPE OF CLINICS? |
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| 2. WHAT WORKED WELL? |
| Z. WHAT WORKED WELL! |
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| 2. WHAT AREA/S) DO YOU FEEL YOU NEED MORE TRAINING IN TO BE MORE |
| 3. WHAT AREA(S) DO YOU FEEL YOU NEED MORE TRAINING IN TO BE MORE EFFECTIVE IN YOUR TEACHING OR SKIING? |
| ETTECTIVE IN TOOK TEACHING ON SKIING. |
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| Double in out Cinnet was |
| Participant Signature |
| Trainer Signature |

PRACTICAL TEACHING

1. What worked well?

- Positive attitude
- Keeping it Fun
- Less talking, more activities
- Clear visuals
- Gaining Trust

2. What were your challenges?

- Patience
- Weather
- Movement analysis
- Parents
- Group Handling, i.e. large group sizes, keeping on task, staying together, different skill levels within the group



TRAINING CLINICS

1. What worked well?

- The more clinics the better
- Bringing riding back to the basics
- Instructors who were approachable for guidance, questions and leadership
- Rider improvement
- 2. What area(s) do you feel you need more training in to be more effective in your teaching or snowboarding?
 - Personal riding, all conditions, all terrain, better demos
 - Movement Analysis
 - Clear communication, Verbiage / Concise
 - Class handling, how to deal with splits, Bag-O-Tricks
 - Higher class levels

SNOWBOARDING UPDATES AND REQUIREMENTS



SNOWBOARDING REQUIREMENTS

SOLID FUNDAMENTALS
THROUGH BLUE TERRAIN:

- Skating
- Fade Turns
- Falling Leaf
- Garlands
- Basic Skidded Turn
- Basic Switch Skidded Turn



SNOWBOARDING REQUIREMENTS

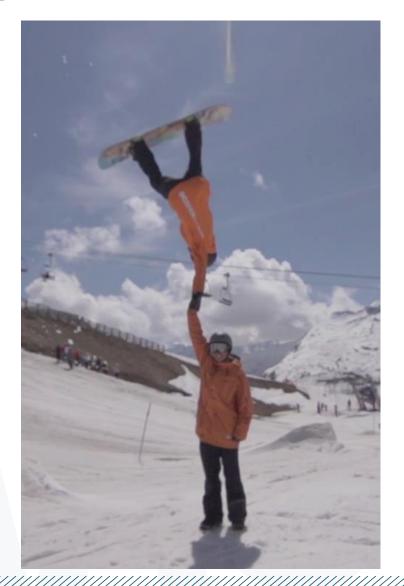
SOLID FUNDAMENTALS THROUGH BLUE TERRAIN:

- Dynamic Skidded
- Basic Carved Turns
- Ollie Airs
- Flat Spin 3's
- Straight Air Over a Feature
- Transitional Freestyle Element



SNOWBOARDING ASSESSMENT

- Teaching presentation demonstrations
- Participant demonstrations
- Examiner set-up's for beginner zone activities



TEACHING & SNOWBOARDING ON-SNOW ASSESSMENT



TEACHING CATEGORIES:

- 1. SAFETY
- 2. COMMUNICATION
- 3. MOVEMENT ANALYSIS
- 4. DEMONSTRATION
- 5. TEACHING APPLICATION
- 6. TEACHING STYLES



PROFESSIONAL KNOWLEDGE CATEGORIES:

- 1. TERMINOLOGY
- 2. TEACHING CONCEPTS
- 3. RIDING CONCEPTS
- 4. EQUIPMENT
- 5. PHYSICS OF SNOWBOARDING
- 6. BIOMECHANICS
- 7. TURN MECHANICS
- 8. INDUSTRY KNOWLEDGE



TEACHING AND SNOWBOARDING ON-SNOW ASSESSMENT

WHAT:

- Receive assigned LEVEL 1 Solid Fundamentals Through Blue Terrain activity
- Select ONE Snowboarding Fundamental as a main focus

FUNDAMENTAL MECHANICS - BODY

Fundamentals (Mechanics) Relate to Skills

CoM to Bos / Side to Side / Manage Magnitude of Pressure

Control Rotation

Inclination / Angulation

TEACHING AND SNOWBOARDING ON SNOW ASSESSMENT

WHY:

Discuss Common Goal Outcome

- Board Performance specific Skills
- Body Movements specific Fundamentals

TEACHING AND SNOWBOARDING ON SNOW ASSESSMENT

HOW:

- Identify the different phases of a turn and HOW the skills are applied in each phase of the turn
- Demonstrate riding task relative to the desired action of the snowboard
- Observe peers and describe chosen snowboarding fundamental
- Feedback is related to the snowboarding fundamental focus and HOW to achieve the desired action of the snowboard

LEVEL 1 ASSESSMENT WRITE UPS



Sentence Starter Statement Ideas:

Intro

- "based on your performance today"
- "related to the national standards"
- "you were successful/not successful"
- "evaluating your skill blend"

Body

- "what we saw" (not good/bad)
- "your strengths are" "refinement needed in these skills"
- "you consistently/occasionally/infrequently
- "and it affected"
- "as evidenced/demonstrated by"

Conclusion

- "continue"
- "focus"
- "develop"
- "if your intent is, you are ready for"
- "we encourage you to"
- "your equipment"
- "work on these exercises to develop"

Taboo Words (platitudes)

- "good job"
- "nice/hard work"
- :) smiley face
- "you have talent"
- "you were really trying hard"
- "nice try, but"
- "you were really close"
- "you are almost there"



- Leverage the positive
- Be authentic
- Acknowledge the effort
- Personalized
- Also considers TD as audience so feedback/goals make sense to them
- Observations
- Be specific
- Ski performance and movements
- What -> why
- Goals
- Prescription
- Why -> how
- Trajectory/pathway
- Recognition
- References to equipment or exercises must relate to observed performance – why
- Use bullets on back of sheet as goals
- Instead of saying you were close use descriptors that indicate levels of achievement (example from RM)
 - o Essential elements were not observed or present
 - Essential elements are beginning to appear
 - Essential elements appear but not with consistency
 - o Essential elements appear regularly at a satisfactory level
 - Essential elements appear frequently, above required level
 - O Essential elements appear continuously, at a superior level