



OFFICE USE ONLY

2017 Fall Seminar Event Application

Name _____ Email Address _____ Cert Level _____ Member # _____

Address _____ City _____ State _____ Zip _____

Cell Phone # _____ Alt Phone (please indicate type) Home Work

| PLEASE CHECK ONE LOCATION | | |
|--|---|---|
| <input type="checkbox"/> Spokane 10/21 | <input type="checkbox"/> Portland 10/28 | <input type="checkbox"/> Seattle 10/29 |
| Lunch Options: TWISTED TURKEY WRAP, PORTOBELLO RUSTICO or ROAST BEEF and CHEDDAR. All box lunches include choice of pasta salad, bag of chips, brownie, and bottled water.....\$16 | Lunch Options: TURKEY, ROAST BEEF OR VEGETARIAN sandwich with lettuce and cheese served with whole fruit, bagged chips, cookie and canned soda or bottled water.....\$12.50 | Lunch Options: SMOKED TURKEY & BRIE CROISSANT, PARMESAN BEEF SANDWICH or PORTOBELLO RUSTICO. Each lunch includes a bag of chips, pasta salad, and a large cookie, plus a bottled water included.....\$21.50 |

| PLEASE CHOOSE YOUR MORNING AND AFTERNOON TOPICS | |
|--|---|
| Morning Topic (8:30 - 10:30am) | Afternoon Topic (1:00 - 3:00 pm) |
| _____ First Choice | _____ First Choice |
| _____ Second Choice | _____ Second Choice |
| Course placement is based on your selections and space available. Some sessions may not be offered due to lack of signups. | |

PAYMENT DETAILS - PRICES ARE PER PERSON

\$80 early price on or before October 13

\$95 full price after October 13

\$ _____ Lunch Option (see price above)

Choice: Turkey Beef Veggie

\$ _____ Your Total

MAIL WITH CHECK OR CREDIT CARD INFO TO PSIA-NW:
338 N. Wenatchee Avenue, Wenatchee, WA 98801
 FAX WITH CREDIT CARD INFO TO:
206.241.2885
 EMAIL US: INFO@PSIA-NW.ORG



Application deadline for Spokane is October 18th.
 Application deadline for Portland and Seattle is October 25th.

LIABILITY RELEASE FORM (you must sign this release before attending any PSIA-NW event):

Recognizing that skiing/boarding can be a hazardous sport, I hereby RELEASE AND FOREVER DISCHARGE PSIA-NW, PNSIA-EF, ASEA, the host area and their agents and employees and contractors from liability for any and all injuries of whatever nature arising during or in connection with the conduct of the event for which this application is made. Applicant hereby relinquishes and assigns to PSIA-NW and PNSIA-EF all rights to the use of Applicant's name and likeness or pictorial representation in photographs, motion pictures or other representations concerning Applicant's participation in said Event.

Participant Signature _____ Date _____



Credit Card Payment

No refunds for cancellations at one week out from event.

 CREDIT CARD NUMBER (PLEASE PRINT CLEARLY)
 CREDIT CARD TYPE VISA MC AMEX DIS

 3 or 4 Digit
 CVC Code

 EXP. DATE
 (MM/YY)

X

 YOUR SIGNATURE

Morning Topics

Beginning/Intermediate Movement Analysis (MA) (AM)

John May

In this session you will learn a basic framework for doing movement analysis on your students, practice using it and receive coaching on different ways to approach and do MA. For the more seasoned pro we will be adding a unique challenge that will keep your skills growing and enable more advanced movement analysis.

Learning Distinguishes Good Teaching (AM)

Dave Rowe

Ever had a situation where one or more of your students check out, aren't getting it or are practicing halfheartedly? If you're interested in taking your teaching to the next level, this interactive session will frame these challenges as learning opportunities and help you identify and prioritize what teaching skills are necessary to get the lesson back on track!

Movement Analysis in Ski Racing....How the 5 Fundamentals of Good Skiing Apply (AM)

Michael Drake

Let's have some fun actively observing world cup skiing in a variety of disciplines to help develop our eye on spotting what the effective application of the 5 Fundamentals looks like. Shocker, the Fundamentals are all very much there! We will look at what the racers are doing, and how it relates back to our students, and our own, skiing. This will delve more into the 'observation', and 'analysis', with not too much about the 'prescription' elements of MA, as we review the 5 Fundamentals, and go to work tuning up our MA eyes.

Putting FUN into Effective Teaching (AM)

Gavin Kerr Hunter

Fun is a simple word and having fun seems easy to do. We all know what it is, but how do we apply it within snowsports instruction – Safety, Fun and Learning? The FUN is the application of the learning. Watch any great instructor at work and they'll appear to instinctively be throwing in learning nuggets and practice time, all through the guise of fun. Let's explore the application of fun in the snowsports learning environment and have some fun ourselves.

Seniors: Movement Analysis and More (AM)

Michael Birch-Jones

PSIA-AASI CEO Nick Herrin talks about how many of us as instructors are moving into our senior years. This is equally true of our clients as well. Whether you are wondering how you will adapt to stay in the sport longer or the approaches you will take with your clients to keep them skiing on the mountain, come and join us. We will look at a variety of seniors and instructors skiing and talk about low impact approaches to longevity on the mountain. Be prepared to participate...this will benefit you and your students!

Skiing Right...Angles (AM)

Marc Schanfarber

Let's explore how the visualization of right angles between parts of our bodies and our equipment platform can help us to stay in balance as we slide. Ever been told to be stacked over your outside ski and not really know, or understood, just what that meant? Ever heard you start the turn in a good position, but allow your equipment to move ahead of you during the end of the turn? How we move our bodies in relation to our equipment will determine how it performs. Visual, verbal, and physically interactive explorations of how you could use the image of right angles to help you slide and utilize your equipment in the way it was designed will be the focus of this session.

Afternoon Topics

De-Mystifying the Jargon (PM)

Marc Schanfarber

A little guilty of using industry jargon when out on the snow, during après after a clinic, or maybe during lessons? Said things such as "utilize the ski design", or "get more performance out of your skis" to students and miss the quizzical face looking back? We will work to take the lid off the jar-gon, take some terms and phrases and come to a common understanding of just what these words mean and how simply we can actually make them. Epiphanies will abound as we work to be more precise with our words for maximum understanding.

Equipment Set Up and the Five Fundamentals (PM)

Michael Drake

The new PSIA Alpine Manual updates and reframes the skills concepts, and with it, you may have been hearing and reading about the five fundamentals of good skiing. In this session, we'll review these fundamentals, in a context and focus on how our boot and binding set up, our "foundation", affects our successful execution of the skills. How, when and which muscles and joints to use, to achieve our desired outcomes, keys off what our boot and ski set up may allow...are your boots enhancing....or limiting your movements? This is not an individual boot fitting session, but is oriented towards issues that develop with too much...or too little...of the basic boot set up parameters. Bringing your boots is optional.

Good Teaching in Practice (PM)

Dave Rowe

This topic builds on the Learning Distinguishes Good Teaching morning session through active-learning and interactive problem-solving of commonly encountered teaching scenarios. Participants will be given a variety of assigned teaching scenarios and will work to identify learning opportunities, prioritize desired student observables, prioritize teaching skills and develop lesson plans.

Kids: Movement Analysis and More (PM)

Michael Birch-Jones

What's different when we look at kids skiing versus adults? We spend a lot of time deciding what kids can and cannot do at certain ages but what is really good skiing at different stages of development? Let's look at some kids skiing tasks at a variety of different ages. What should we expect to see from them? Join us for some great kid's video clips and plan to participate in a hands on movement analysis session.

Not your regular Movement Analysis (MA) (PM)

John May

Looking to add another arrow to your professional instructor quiver? Then this is for you. We will be taking on movement analysis by focusing mostly on the ultimate indicator...the ski. We typically notice the skier and address their movements which is only good if creates a change in the tool's performance. So in this session we will take a closer look at that performance and add this skill to our quiver. Be prepared for a challenge!

Remind me about those Fundamentals.....and what do they have to do with those Skills? (PM)

Gavin Kerr-Hunter

Explore how the 3 skills of Edging, Rotary and Pressure are related to common movements patterns, and how these cause/effect relationships create different results in your skiing. We'll use video of skiers at a variety of levels to identify and how evaluate how these two pieces fit together.