

CERTIFICATION MARCH TRAINING 2016

Goals and Desired Outcomes:

- For trainers and examiners to gain a better understanding of the Compare and Contrast (C&C) and if used as a possible set up for the Level II teaching day. C&C has a focus of *Tactics and Technique* meaning ski and body performance related to terrain, snow conditions, pitch of slope, etc., not good or bad skiing in evaluation. It's meant to determine "what is" in Observation and Evaluation as it relates to ski performance and the five skiing fundamentals along with the Why, What, Where, When and How.
- 2. For Trainers, DCL's and Examiners to develop chair ride and group discussions that meet the criteria for Level II National Standards that can segue into C&C skiing demonstrations.
- 3. Developing follow up questions after skiing demonstrations with a movement analysis focus of Observation and Evaluation specific to Level II National Standards Outcomes.
- 4. For trainers and DCL's to acquire a better understanding for application and use in staff training.
- 5. For examiners to be proficient in demonstrating C&C skiing tasks and perform on the "fly".

Compare and Contrast Skiing Demonstration Examples:

- 1. Breaking short radius turns vs. guided short radius turns
- 2. Wedge Christy turns vs. stem turns
- 3. Short radius turns vs. medium radius turns
- 4. Long leg/short leg vs. extension of both legs at initiation
- 5. Pivot slips vs. pivot to an edge set
- 6. Whole body inclination (banking) throughout turns vs. inclination at initiation of turn and hip/spine angulation through bottom of shaping and finish of turn

Talking Points:

- What are the parameters, appropriate set up questions and follow up questions in regards to Observation and Evaluation for Level II that follow National Standards for Teaching and Professional Knowledge?
- 2. What additional ways can we set up the C&C enabling you to get the information you need from the group or specific person in the group?

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