



FALL SEMINAR 2025

OUTWARD MINDSET:

An outward mindset empowers us to recognize that those around us are people who matter as much as we do, and whose needs, objectives, and challenges are as worthy of consideration as our own.

Arbinger
Institute

It's that time of the season again; Fall Seminar! Niki Pavlicek will be sharing her experience applying an Outward Mindset by Arbinger Institute and its possibilities, reminding us of our impact on others as an instructor.

Look forward to "seeing" you there on Saturday the 1st of November.

Fall Seminar- Fall 2025 (Virtual via Zoom)

Date

1st November (Saturday)

Schedule – All Times Pacific

Start	End	Topic	Zoom Format
9:00am	10:00am	Keynote – Niki Pavlicek	Webinar
10:00am	10:15am	Break	
10:15am	11:45am	Morning Sessions	Interactive or Lecture
11:45am	12:00pm	Break	
12:00pm	12:45pm	Lunch Session	Nationwide Certification Alignment Implementation
12:45pm	1:00pm	Break	
1:00pm	2:30pm	Afternoon Sessions	Interactive or Lecture

Slack Help Link

Join us on the PSIA AASI NW Slack to keep the conversations going. If you are having technical issues, staff members will be available to assist you. (You do not have to join slack or use it, this is just a tool if you would like to utilize it to communicate with us with any issues you are having)

We will leave have the slack channel open all day – once you click on the link, look for the #fallseminar channel. We look forward to talking with you – will have the slack link when we send out the zoom links.

Zoom Links

Zoom session links will be sent out a **day or two BEFORE** Fall Seminar. We do that to allow everyone to get registered and can send everything out at once. If you do not see an email by Friday at noon on the 31st, please text us with your name to 206.244.8541.

How to Find Your Session Topics

You registered so early (nice work!) and can't remember what you registered for? Log into thesnowpros.org and go to Your Profile, then My Events, find Fall Seminar, and click on VIEW, you will then find the sessions you registered for. Please go to the session you are registered for; we have some sessions that are full and changing could put the class over session. Any questions, text/slack us.

Keynote: 9:00-10:00 AM

The Outward Mindset – Niki Pavlicek

Morning Topic Options: 10:15- 11:45 AM

The Flat Ski Advantage: Unlocking High Edge Angles (AM)

Jeff Johnson –

The Flat Ski Advantage will teach you how to master the feeling of a flat ski, a critical, yet often overlooked, skill that separates intermediate skiers from experts. Many skiers, in an attempt to get better, fall into the trap of "banking" — a stiff, inefficient movement where the entire body leans into the turn. This session will show you how to break this bad habit. We'll start by defining the common errors and explaining why your inability to ski on a flat ski is holding you back. From there, we'll introduce the concept of "the platform," the brief but crucial moment in a turn where your skis are perfectly flat on the snow. You'll learn to use this platform to transition smoothly and efficiently, setting you up for powerful, controlled turns.

The core of this session will be a series of practical drills designed to help you feel and use the platform. We will show techniques and drills, which force you to develop balance and proper leg movements. You'll learn how to use these movements to steer the ski and initiate the edge angle from the ground up, using your ankles, knees, and hips—the key to proper angulation. By the end of the session, you'll understand that the path to higher edge angles and cleaner, more powerful turns isn't about rushing to get on edge, but about mastering the brief moment when you're not on edge at all.

Freestyle Movement Analysis (AM)

Justin Olson –

Take your Movement Analysis (MA) skills into the free ride and freestyle world.

Cross Country Movement Analysis (AM)

Mike Browder –

What do great skiers and lower-level skiers have in common? Come find out!

Foundational Tools for Effective Children's Snowsports Instruction (AM)

Jenn Lockwood–

Join us for an interactive workshop designed for instructors new to teaching children or those looking to strengthen their foundation in child-centered snowsports instruction. This session introduces the Cognitive, Affective, and Physical (CAP) model, helping instructors understand how children grow, think, feel, and move, while applying key theories from Piaget, Kohlberg, and Maslow to create supportive learning environments. Participants will explore motor development, psychomotor learning, and sensory processing to better recognize how children acquire movement skills and respond to different learning styles. Through theory and practice, you'll gain practical tools and strategies to design lessons that meet children where they are, making every session fun, impactful, and memorable.

Suggested: Please familiarize yourself with the PSIA-AASI Teaching Children Snowsports Manual

Managing Pressure (AM)

John Wright –

The Physicist and Biomechanics of Skiing

Do you ever wonder how great skiers make it look so easy... We will take a look at the what and how to align your body to receive the forces and take your skiing to the next level.

Movement Analysis Cause & Effect (AM)

Brian Feucht –

A framework for using observations to create student centered prescription.

Playful Pedagogy: Harnessing the Power of Play (AM)

Chris Madison –

In this talk we will be covering how to incorporate play into our lessons. We will discuss what defines play, how we are biologically driven for play, and how we can leverage this innate drive and capacity to make our lessons more engaging and effective.

Motivation through Failure (AM)

Mark Music –

Why do we do this? Where and how do we find joy in the face of setbacks on our journey in the snowsports instruction? We've all been there: a failure. Failure is not a permanent state but a temporary setback and a vital part of the growth and learning process, often a precursor to success. Embracing failure, learning from mistakes, and maintaining enthusiasm are key to achieving our goals. Mindful awareness of the impact we have on ourselves, each other, and how we can contribute to structure a more collaborative growth forward as individuals, schools, and ultimately as an organization.

Follow Me: The Art of Learning Through Trying (AM)

Bennett Johnson –

Learning isn't a spectator sport—it's an active dance between observation, attempt, and refinement. The most powerful educational moments happen when we move beyond watching and listening to actually doing. Whether it's a ski instructor carving the perfect turn, a mentor demonstrating a new technique, or simply having the courage to attempt something we've never tried before, true learning emerges from the willingness to follow, try, and inevitably stumble our way toward mastery.

Lunch Alignment Update: 12:00- 12:45 PM

Nationwide Update –

Join us for an update on where things are in the alignment initiative across all regions.

Afternoon Topic Options: 1:00- 2:30 PM

Brief History of Snowsports (PM)

Chris Madison –

When was skiing first invented? When did alpine bindings replace telemark? When was snowboarding first allowed in resorts, and how did it change the game for alpine skiing? In this lecture we will be covering a brief history of all snowsports from its roots in telemark, improvements by alpine, and innovation driven by snowboarding.

The Intersection of Morphology and Movement Analysis (PM)

Justin Olson –

Adapt your MA skills to different body shapes and sizes, to help maximize ski performance. We will explore the interplay of equipment and body shape.

The Flat Ski Advantage: Unlocking High Edge Angles (PM)

Jeff Johnson –

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Cross Country World Cup (PM)

Mike Browder –

What do the pre-Olympic events tell us? Think this doesn't resonate as an instructor? Come find out why this information is relevant to us in our day to day teaching.

Elevating Children's Experience: Advanced Tools for Instructors (PM)

Jenn Lockwood –

This dynamic zoom-based workshop is for Children's Specialist 1 (CS1) certified instructors looking to deepen their skills and expand their toolkit for teaching children in snowsports. Building on foundational knowledge, participants will explore child development, motivation, and motor learning, connecting theory to real-world lesson scenarios through the Teaching and Learning Cycle and Experiential Learning Cycle. The session covers movement analysis, sensory processing, and behavior management strategies, while also emphasizing creative engagement and strong parent partnerships. By blending developmental theory with practical tools, instructors will learn to design customized, child-centered lessons that build skills, foster confidence, and inspire a lifelong love of sliding on snow. Don't have your CS1 yet and still interested, please attend!

Equipment Matters (PM)

John Wright –

It's more than just a good boot fit...we will work on dialing in your equipment to ski your best.

Kid Games for the Uninspired (PM)

Brian Feucht –

Let the kids run the show and use AI to turn their games into learning.

Motivation through Failure (PM)

Mark Music –

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