



## How to Become a Level 1 Certified Instructor

- **PSIA-AASI's certification process helps you:**
  - Become a better teacher
  - Improve your skiing and riding
  - Learn skills for moderating groups, public speaking, problem solving, and coaching

## STEPS TO PSIA-AASI CERTIFICATION

**1** Become a PSIA-AASI member



Select your desired certification path

**2**



ADAPTIVE



ALPINE



CROSS COUNTRY



SNOWBOARD



TELEMARK

**3**

Choose an exam date



**4**

Establish a training plan for the exam



**5**

Keep getting teaching experience



**6**



**7**

Attend division events and clinics



**8**

Take exam and pass it, thanks to your solid preparation



MAINTAIN CERTIFICATION

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- <https://thesnowpros.org/certification/how-to-become-a-certified-instructor/>
- Step 1: Join PSIA-AASI (you will also join the region you live in)
- Step 2: Select Your Certification Path
- Step 3: Choose an Exam
- Step 4: Establish Your Training Plan
- Step 5: Practice
- Step 6: Read Up (Hint - Use Certification Standards! And the Certification Guide)
- Step 7: Attend Regional Educational Events and Clinics
- Step 8: Take the Certification Exam or Specialist Credential
- Step 9: Continue to maintain certification by participating in regional continuing education events and clinics



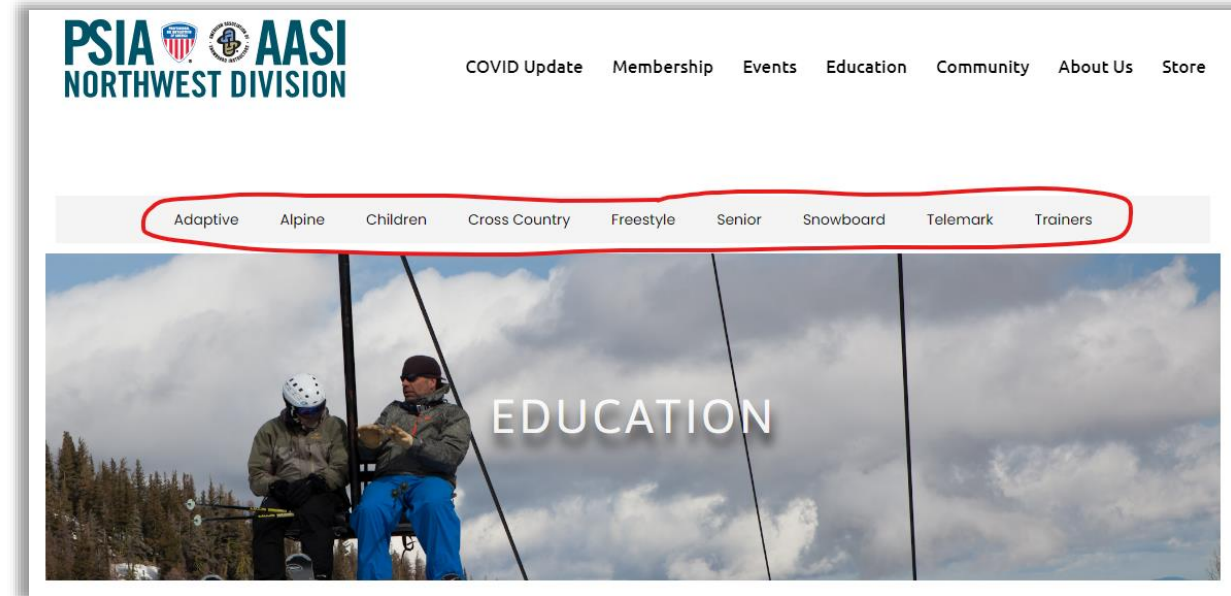
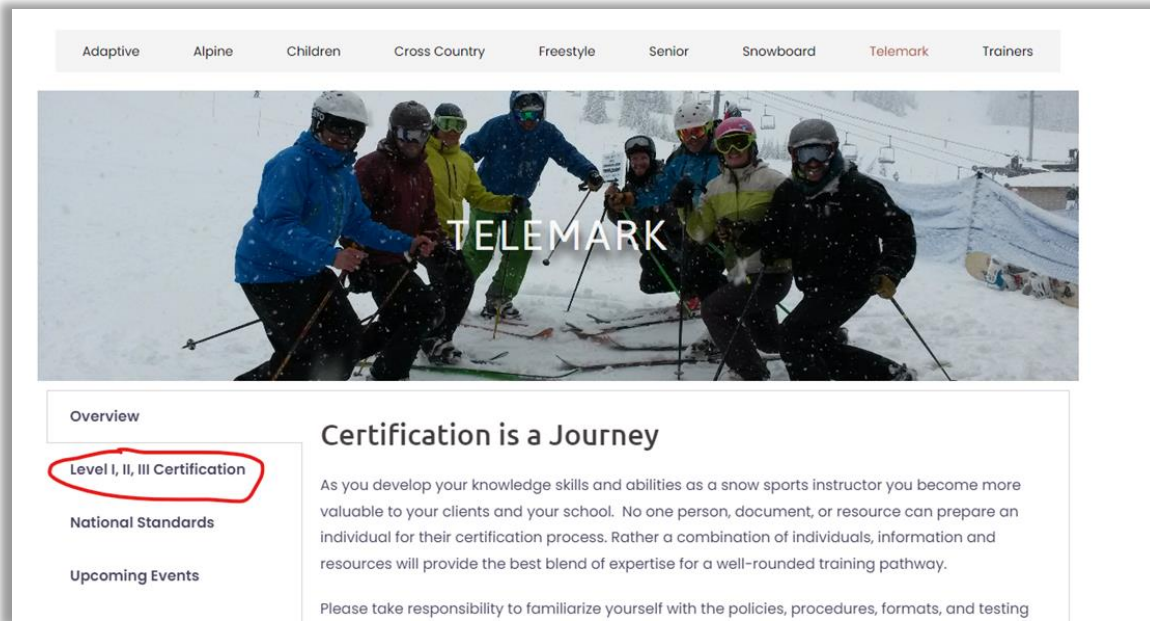
# NW steps for registration

- Join PSIA-AASI
- Study, practice, prepare, teach
- Complete Pre-Requisites
  - E-Learning course – Alpine, Cross Country, Snowboard
  - Online test – Adaptive, Alpine, Cross Country, Snowboard, Telemark
- Register for on-snow exam day by the deadline



# Establishing Your Training Plan

- Training Materials
  - NW Certification Guides
  - PSIA-AASI National Standards
  - Performance Guides
  - Technical Manuals
  - Teaching Snowsports Manual
  - Teaching Children Snowsports Manual
  - NW Level 1 Indoor Guide



# NW Certification Guides



## Snowboard Certification Guide

The purpose of this guide is to provide exam candidates, training directors, divisional clinic leaders and examiners with an established outline to reference while preparing for, participating in, and administering the Certification Level I, II, and III exams. \*\*\*Please note, for successful completion of a certification, all components of the exam must be completed in the Northwest, partial module passes in other divisions do not transfer.

[Download the Snowboard Certification Guide 2021-22 \(PDF\)](#)



## Cross Country Certification Guide

The purpose of these guides is to provide exam candidates, school trainers, divisional clinic leaders and examiners with an established outline to reference while preparing for, participating in, and administering the PSIA-NW Certification Level I, II, and III exams for Cross Country. \*\*\*Please note, for successful completion of a certification, all components of the exam must be completed in the Northwest, partial module passes in other divisions do not transfer.



## Telemark Certification Guide

The purpose of the guide is to provide exam candidates, school trainers, divisional clinic leaders and examiners with an established outline to reference while preparing for, participating in, and administering the PSIA-NW Certification Level I, II, and III exams for Telemark. \*\*\*Please note, for successful completion of a certification, all components of the exam must be completed in the Northwest, partial module passes in other divisions do not transfer.

[Download Telemark Cert Guide 2021-22 \(PDF\)](#)

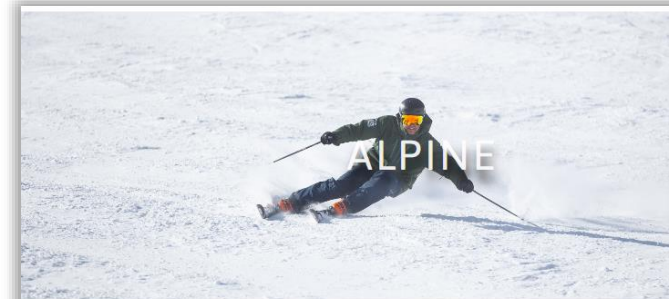


will find the downloads available to help you in your training and understanding the Adaptive Certification process.

## Adaptive Alpine Certification Guide

[Alpine Certification Guide](#)

The purpose of this guide is to provide exam candidates, trainers, divisional clinic leaders and examiners with an established outline to reference while preparing for, participating in, and administering the PSIA-NW Certification Level I and II exams for Adaptive.



## Alpine Certification Guide

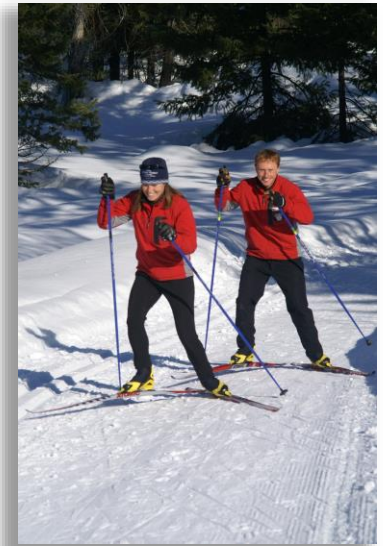
Want to learn about the exam process? Preparing to take an exam? The certification guide will help you find the holy grail or the bible, is the place to be! The certification guide will give you the information you need to know about Levels I, II and III, what to expect during exam. Please make sure you read the guide to best prepare for your exam. \*\*\*Please note, for successful completion of a certification, all components of the exam must be completed in the Northwest, partial module passes in other divisions do not transfer.

[Alpine Certification Guide 2021-22 \(PDF\)](#)



# On-Snow Day – what to expect?

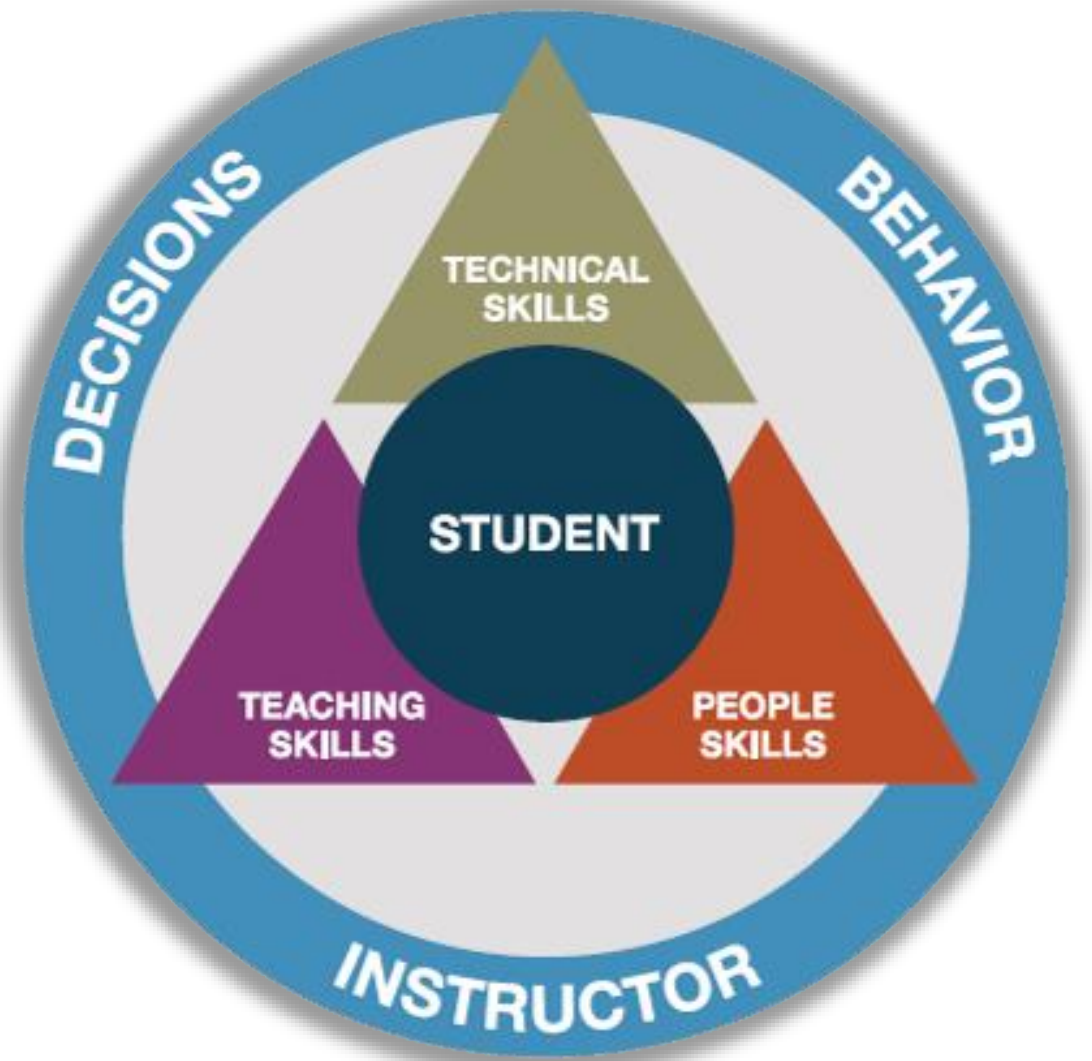
- You will ski or ride a bunch of stuff – activities are listed in the Certification Guides with descriptions (and videos links when applicable, showing image)
- You will teach
  - You get assigned a teaching topic – one of the sliding activities from the day
    - Adaptive includes drawing a diagnosis or disability
  - You will be assigned a movement fundamental
  - You choose a skill/tool performance
  - You choose a phase of turn/activity on which to focus
  - You will have up to 20 minutes in which you share the activity, fundamental, skill, and phase – explain how to perform it, demonstrate it, then observe the other candidates perform it and provide feedback



# The Learning Connection Model

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- This model serves as the basis for evaluation
- There are four different areas:
  - Instructor Decisions and Behavior
  - People Skills
  - Teaching Skills
  - Technical Skills



# How are you evaluated?

- Instructor Decisions & Behavior
  - Do you maintain a professional environment by demonstrating self-awareness and self-management?
- People Skills
  - Do you engage in meaningful verbal and non-verbal communication with the group as a whole?
  - Do you identify likely motivations and emotions of individuals and understands group dynamics?
- Teaching Skills
  - Do you plan learning outcomes and organize a progressive learning experience relevant to beginner/novice zone students?
  - Do you facilitate learning experiences that guide students toward the agreed-upon outcome and engage them in the process?
  - Do you communicate performance changes that target the learning outcome to help students identify that a change has been made?





# How are you evaluated?

## Technical Skills

- Snowboard

- Riding
  - Apply the Snowboarding Fundamentals to demonstrate specific outcomes in beginner and intermediate terrain and on extra-small and small freestyle features
- Technical Understanding
  - Describe specific performances using Snowboarding Fundamentals and considering tactics and equipment choices using current PSIA-AASI resources
- Movement Analysis
  - Articulates accurate cause-and-effect relationships of Snowboarding Fundamentals within all phases of the turn/Approach-Takeoff-Maneuver-Landing (ATML) to offer an effective prescription for change



# How are you evaluated?

## Technical Skills

- Alpine

- Skiing

- Apply the Alpine Technical Fundamentals to demonstrate specific outcomes in beginner and easier intermediate terrain

- Technical Understanding

- Describe specific performances using Alpine Technical Fundamentals and considering tactics and equipment choices using current PSIA-AASI resources

- Movement Analysis

- Articulates accurate cause-and-effect relationships between body and ski performance within any single skiing fundamental in a specific phase of the turn to offer a relevant prescription for change for skiers in the beginner/novice zone





# How are you evaluated?

## Technical Skills

- Adaptive Alpine

- Equipment & Tactics
  - Demonstrates basic understanding of equipment and tactics, based on students' cognitive, affective, and physical assessments
- Diagnosis & Medications
  - Demonstrates basic understanding of the most common diagnoses – as well as applicable medication classifications and their potential side effects – in relation to the adaptive discipline, skiing performance, and teaching considerations for students in the beginner/novice zone
- Technical Tactics & Communication
  - Demonstrates basic understanding of technical tactics and communication strategies for working with and guiding beginner/novice-zone students in the mountain environment
- Movement Analysis
  - Articulates accurate cause-and-effect relationships between body and ski performance within any single skiing fundamental in a specific phase of the turn to offer a relevant prescription for change for skiers in the beginner/novice zone in the respective adaptive discipline(s).



# How are you evaluated?

## Technical Skills

- Telemark

- Skiing
  - Apply a blend of Telemark Skiing Fundamentals to demonstrate specific outcomes in the beginner and intermediate zones. Varies on one or more of the fundamentals through any phase of the turn.
- Technical Understanding
  - Uses current PSIA resources to describe elements of ideal performances, using the telemark fundamentals separately
- Movement Analysis
  - Articulates accurate cause-and-effect relationships between body and ski performance within any single Telemark fundamental in a specific phase of the turn to offer a relevant prescription for change





# How are you evaluated?

## Technical Skills

- Cross Country

- Skiing
  - Adjusts and adapts the Cross Country Fundamentals to demonstrate specific outcomes for both classic and skate technique at the beginner skill level in beginner and some intermediate terrain
- Technical Understanding
  - Uses current PSIA cross country resources to identify and describe a skier's performance at the beginner skier level
- Movement Analysis
  - Accurately describes cause-and-effect relationships between body and ski performance and provides a relevant prescription for change for beginner skiers





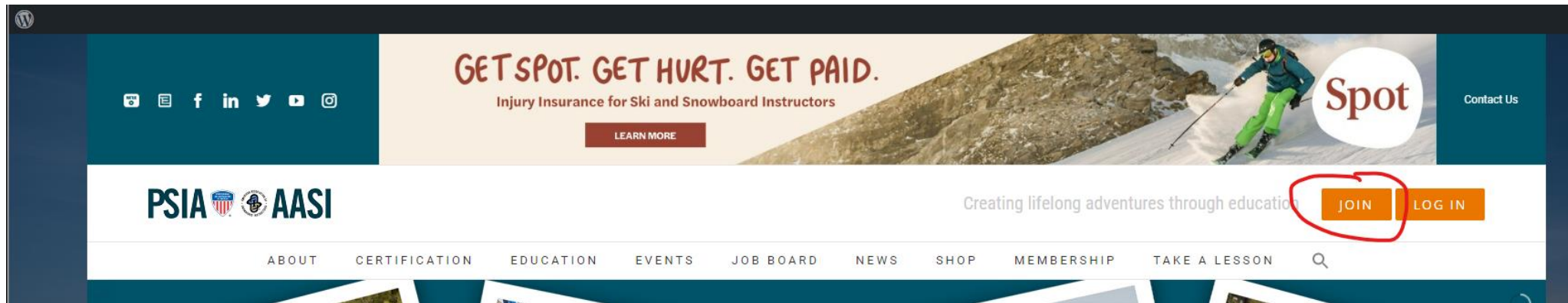
# Results

- You will receive assessment form via email within 24-48 hours after completion of the on-snow assessment
- For all of the assessed areas, you need to pass these learning outcomes to be successful
  - Instructor Decisions & Behavior
  - People Skills
  - Teaching Skills
  - Movement Analysis
  - Technical Understanding
  - Skiing/Riding Performance



# Important Links

- PSIA-AASI-NW website – [www.psia-nw.org](http://www.psia-nw.org)
- PSIA-AASI National website – [www.thesnowpros.org](http://www.thesnowpros.org) – where to Join PSIA-AASI



- PSIA-AASI National website – How to become a certified instructor – <https://thesnowpros.org/certification/how-to-become-a-certified-instructor/>
- PSIA-AASI National Standards – <https://www.thesnowpros.org/certification/national-certification-standards/> – Performance Guides and Assessment Forms are also on this same page

The  
End

