

Name	Email Address	Mobile Phone #	Snowsports School

<input type="checkbox"/>	Friday	Divisional Staff Trainers only (9 am – 4 pm)
<input type="checkbox"/>	Saturday	Morning Session (9:00 am – 12:00 pm) <input type="checkbox"/> Games, Drills <input type="checkbox"/> Modern Double Pole <input type="checkbox"/> Upper Body & Momentum <input type="checkbox"/> Using Terrain as a Teacher
<input type="checkbox"/>	Saturday	Afternoon Session (1:00 pm – 4:00 pm) <input type="checkbox"/> Class & Movement Analysis <input type="checkbox"/> Creating Bombproof Lesson Framework <input type="checkbox"/> Late Classic Kick <input type="checkbox"/> Using the Lower Body
<input type="checkbox"/>	Sunday	Morning Session (9:00 am – 12:00 pm) <input type="checkbox"/> Games, Drills <input type="checkbox"/> Modern Double Pole <input type="checkbox"/> Upper Body & Momentum <input type="checkbox"/> Using Terrain as a Teacher
<input type="checkbox"/>	Sunday	Afternoon Session (1:00 pm – 4:00 pm) <input type="checkbox"/> Class & Movement Analysis <input type="checkbox"/> Creating Bombproof Lesson Framework <input type="checkbox"/> Late Classic Kick <input type="checkbox"/> Using the Lower Body

For lodging at Sun Mountain, phone them at **800.572.0493**.

Payment Details
 Registration deadline 23rd of December

 Daily Rate: \$100/day

 Total Due \$ _____

LIABILITY RELEASE (you must sign this release before attending any PSIA-NW event):

Recognizing that skiing/boarding can be a hazardous sport, I hereby RELEASE AND FOREVER DISCHARGE PSIA-NW, PNSIA-EF, ASEA, the host area and their agents and employees and contractors from liability for any and all injuries of whatever nature arising during or in connection with the conduct of the event for which this application is made. Applicant hereby relinquishes and assigns to PSIA-NW and PNSIA-EF all rights to the use of Applicant's name and likeness or pictorial representation in photographs, motion pictures or other representations concerning Applicant's participation in said Event. I agree and approve PSIA-NW and PNSIA-EF to communicate with me electronically.

Participant Signature _____ Date _____

Credit Card Payment [v2018-19]

	3 or 4 Digit CVC Code	EXP. DATE (MM/YY)	X YOUR SIGNATURE
CREDIT CARD NUMBER (PLEASE PRINT CLEARLY)			
CREDIT CARD TYPE <input type="checkbox"/> Visa <input type="checkbox"/> MC <input type="checkbox"/> AMEX <input type="checkbox"/> DIS			

Morning Topics

Games, Drills & Skills for Kids – Skate Sat/Sun Morning option

If you are coaching or teaching kids on skis, you know the key to a successful outing is keeping the kids moving and having fun. But how do you ensure they learning something along the way? In this clinic, you'll connect games that promote skill development with the concepts and material presented in the new Children's Specialist Manual.

The Modern Skate Double Pole – What's the Fuss? Sat/Sun Morning option

How has the Double Pole changed over time? This workshop explores the Double Pole past and present: longer pole size, other equipment changes, and technique evolutions. Learn how and why the current technique is different and how it can benefit you.

Upper Body & Momentum – Classic Sat/Sun Morning option

Come spend the morning learning, and exploring, how the upper body and arms work in classic skiing.

Using Terrain as a Teacher – Skate Sat/Sun Morning option

Explore sophisticated use of terrain via such concepts as random versus blocked practice, increasing technical difficulty or physical difficulty in a practice session by terrain selection, how to modify terrain to let the terrain be the teacher, etc. Participants will enhance their understanding of use of terrain, and practice these new concepts with their fellow members by creating new versions of drills to solve old technique problems. For example, a student of yours can't skate uphill--how do we use terrain as part of the instruction process.

Afternoon Topics

Classic & Movement Analysis Sat/Sun Afternoon option

During this session, we will use movement analysis to identify cause and effect, and to help intermediate to advanced skiers improve their classic skiing.

Creating a Bombproof Lesson Framework-Skate Sat/Sun Afternoon option

The bombproof lesson takes planning ahead and adjusting on the fly.

Learn how to create a bombproof lesson plan and how to adjust it based on the skier you see in front of you! We'll explore how to use successive approximations to achieve your student's goal, and give you a reliable framework to progressively, and logically build your lessons from.

Late Classic Kick: What is it, What the Cause, & How to Correct Sat/Sun Afternoon option

A common feedback given to skiers at all levels when working on their classic striding is, "you are kicking late." What does this really mean, what causes it, how does it influence your skiing, and how can we correct it. If you have ever received to given feedback about late kick this is the clinic for you.

Using the Lower Body – Classic Sat/Sun Afternoon option

Ditch the poles and explore how to use the legs and feet in classic skiing



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