



2017 Spring Fling Event Application

Listed below are the class topics for this event, at the bottom of page two is the area to fill out the registration form. When you arrive for registration, please check in at the registration table to find out where your classroom(s) will be for the day. Coffee and pastries will be available at registration and Subway on campus will be open for lunch.

Registration begins at 8:30am, in the Otto Miller Building, main lobby, Seattle Pacific University
3307 3rd Avenue West, Seattle, WA 98119

22 April AM Session 9-11am PM Session 12:00-2:00pm

Learning Lenses

AM OPTION

Over the last few seasons there have been various presentations and conversations about the evolution of teaching revolving around the PSIA teaching cycle, gradual release and student centered teaching. Maybe you have heard or read about another way to look at teaching through the model of **Engagement, Understanding, and Application**. Come learn more about it and get a jump start on student observables, preparing for next season, and try-on the elements of **E-U-A** during this interactive session.

Foundational Movement Analysis

AM OPTION

Movement analysis still have you scratching your head? During this session we will solve the itch and get down to basic bio-mechanics and body movements and how they relate to the Skills Concept/Ski Snow Interaction. This interactive, video intense session will establish a foundation to identify good skiing movements by watching and studying skiers in action.

Bumps Ahead!

AM OPTION

Develop the tactics, technique and attitude required to ski and teach in the bumps. Through the use of video, we will explore the anatomy of a mogul and discuss why they are so intimidating to many skiers, learn how to assess bump specific skills, and how to break down a step-by-step process to tackle understanding the challenge presented by bump runs.

Compare & Contrast: What are you seeing? PM OPTION

Are you ready to take your movement analysis to the next level? Are you thinking about an exam next season or just wanting to further develop your movement analysis? How well can you answer the question "What do you see as the ski snow interaction or body part movements?" This session will go through foundational movement analysis and jump into reviewing different ways of applying it by comparing and contrasting two skiers. Spend time practicing your movement analysis on real skiers that could be your next lesson.

Student-Responsive Teaching

PM OPTION

Dig deeper into the evolving teaching skills required to lead experience driven lessons. Spend time digging into engagement, understanding and application as ways to develop a successful partnership between students and instructors, taking them from What, to Why, to How. Join us for an interactive session and gain valuable insight into how to make learning visible as an instructor.

Foundational Movement Analysis II

PM OPTION

We will dig deeper into the basic biomechanics and apply them to higher end skiers looking at bumps, crud, racing training and more. Again, with the primary focus on Ski/Snow interaction, and moving up the body to describe what is happening when and where in the turn.

