

PARTICIPANT INFO

Full Name	Email Address	Cell Phone #
-----------	---------------	--------------

PLEASE CHECK A LOCATION

<input type="checkbox"/> Spokane 10/20  Lunch Options: TWISTED TURKEY WRAP, PORTOBELLO RUSTICO or ROAST BEEF and CHEDDAR. Includes choice of pasta salad, bag of chips, brownie, and bottled water.....\$16	<input type="checkbox"/> Portland 10/27  Lunch Options: TURKEY, ROAST BEEF OR VEGETARIAN sandwich with lettuce and cheese served with whole fruit, a bag of chips and iced water.....\$14	<input type="checkbox"/> Seattle 10/28  Lunch Options: SMOKED TURKEY & BRIE CROISSANT, PARMESAN BEEF SANDWICH or PORTOBELLO RUSTICO. Each lunch includes a bag of chips, pasta salad, a large cookie, and a bottled water.....\$21.50
---	---	---

PLEASE CHOOSE YOUR MORNING AND AFTERNOON TOPICS

The morning begins at 8:30am with the keynote speaker.
Course placement is based on your selections and space available. Some sessions may not be offered due to lack of signups.

Morning Topic (10:00am - 12:00pm) _____ First Choice _____ Second Choice	Afternoon Topic (1:00 - 3:00 pm) _____ First Choice _____ Second Choice
---	--

PAYMENT DETAILS - PRICES ARE PER PERSON

☐ \$80 early rate is on or before October 15
☐ \$95 full price after October 15
☐ \$ _____ Lunch Option (see pricing above)
 Choice : ☐ TURKEY ☐ BEEF ☐ VEGGIE

 \$ _____ Your Total

SUBMISSION DETAILS

 **info@psia-nw.org**
 206.244.8541
 206.244.8541
 206.241.2885
 338 N. WENATCHEE AVE.
 WENATCHEE, WA 98801

**SAVE TIME!
REGISTER
ONLINE @
PSIA-NW.ORG**

Application deadline for Spokane is October 17th.

Application deadline for Portland and Seattle is October 24th.

LIABILITY RELEASE (you must sign this release before attending any PSIA-NW event):

Recognizing that skiing/boarding can be a hazardous sport, I hereby RELEASE AND FOREVER DISCHARGE PSIA-NW, PNSIA-EF, ASE, the host area and their agents and employees and contractors from liability for any and all injuries of whatever nature arising during or in connection with the conduct of the event for which this application is made. Applicant hereby relinquishes and assigns to PSIA-NW and PNSIA-EF all rights to the use of Applicant's name and likeness or pictorial representation in photographs, motion pictures or other representations concerning Applicant's participation in said Event. I agree and approve PSIA-NW and PNSIA-EF to electronically communicate with me.

Participant Signature _____ Date _____

CREDIT CARD PAYMENT - No refunds for cancellations at one week out from event.

CREDIT CARD NUMBER (PLEASE PRINT CLEARLY)	3 or 4 Digit CVC Code	EXP. DATE (MM/YY)	X YOUR SIGNATURE
CREDIT CARD TYPE <input type="checkbox"/> VISA <input type="checkbox"/> MC <input type="checkbox"/> AMEX <input type="checkbox"/> DIS			

Morning Topics

Adults vs. Kids: How to Better Engage Adult Learners (AM)

Jaime Clarke

Adults learn differently than children. In order to more actively and easily engage your adult students, join us for a session on tips and tricks to create a learning environment best suited for grown-ups. Participants will leave the session with a handful of tools to apply directly to their lessons.

Beginning/Intermediate Movement Analysis (MA) (AM)

John May

In this session you will learn a basic framework for doing movement analysis on your students, practice using it and receive coaching on different ways to approach and do MA. For the more seasoned pro we will be adding a unique challenge that will keep your skills growing and enable more advanced movement analysis.

Children's Real Movements & Ideal Movements with Video Review (AM)

Feucht, Lockwood

Are we challenging children appropriately? Are children physically capable of accomplishing what we are asking them to do in our lessons? During this session we will find out! We will discuss the CAP Model, real movements specific to children and ideal movements in skiers and observe ideal and real through video review.

Movement Analysis in Ski Racing....How the 5 Fundamentals of good skiing apply to them....and YOU! (AM)

Michael Drake

Let's have some fun actively observing world cup skiing in a variety of disciplines to help develop our eye on spotting what the effective application of the 5 Fundamentals looks like. Shocker, the Fundamentals are all very much there! We will look at what the racers are doing, and how it relates back to our students, and our own, skiing. This will delve more into the observation, and analysis, with not too much about the prescription elements of MA, as we review the 5 Fundamentals, and go to work tuning up our MA eyes.

Senior's Movement Analysis and More (AM)

Michael Birch-Jones

As our clients and fellow instructors move into their retirement years how will we keep them skiing on the mountain? Whether you are grappling with this question for yourself or your clients come and join us. We will look at a variety of video clips of seniors and instructors skiing and talk about low impact approaches to longevity on the mountain. Be prepared to participate!

What's Your Transition Strategy? (AM)

Rowe, Barnes, McLeod

Are you looking to increase your alpine skiing versatility in all conditions and all terrain? This session explores the science of skiing along with the application of the five fundamentals to master any turn in any condition. These concepts will be brought to life through videos and movement analysis.

Afternoon Topics

Children's Movement Analysis (PM)

Michael Birch-Jones

Come and join us to watch video of kids skiing. They will be doing a variety of tasks and drills showing varied levels of ability and development. We will discuss what is reasonable to expect from the movements of their bodies and the outcomes at the ski. Be prepared to participate, have fun and challenge yourself in this hands on movement analysis session!

Creating Great Experiences (PM)

Rowe, Barnes, McLeod

Are your guests looking to "learn" or "try" snowsports? How do you know and how might you adjust your teaching strategies to deliver great experiences? This interactive session will explore these questions through play and observation so you can create great experiences for your guests. (Non-discipline specific)

Developing Skill Excellence (PM)

Michael Drake

Learn to develop peak skills in yourself and those you coach. This session focuses on developments and new understandings in the "process" of skill (of any activity) development....no, it's not about 'BERP', but on the how and why of methods that set high achievers apart.

Fundamental Drills: At home, on the slopes stationary & moving (PM)

Feucht, Lockwood

Grow your "bag of tricks" as an instructor. Learn drills/exercises you can perform at home, stationary and on the slopes that will help you and your clients develop the correct body movements to positively affect your sliding skills. Applying the five fundamentals to improve your skills – ability to edge, pressure and rotate the ski. This session will help broaden your understanding of the five fundamentals and generate discussion of how drills and exercises can assist in changing movement patterns.

Myth Busters (PM)

Jaime Clarke

Have you heard the phrases, "base of support", "hips over feet", "angulation vs. inclination", etc.? Ever wonder what it really means, what the importance is and the relevance it plays in skiing? This session will review various phrases, provide clarification where, and why, they may apply and where using some of the phrases may be causing issues, and we will look at some alternatives.

Not your regular Movement Analysis (MA) – PM

John May

Looking to add another arrow to your professional instructor quiver? Then this is for you. We will be taking on movement analysis by focusing mostly on the ultimate indicator...the ski. We typically notice the skier and address their movements which is only good if it creates a change in the tool's performance. So in this session we will take a closer look at that performance and add this skill to our quiver. Be prepared for a challenge!