

## **ADAPTIVE CLINIC TOPICS**

**Behavior Management** – We’ve all had a lesson where it just feels like our student isn’t connecting, or is acting out for what seems like an unknown reason. This clinic will mix conversation with experiential tasks to help provide therapeutic solutions for your student. You can expect a variety of shredding, mixed in with chair conversations and on snow activities. **SATURDAY ONLY**

## **ALPINE CLINIC TOPICS**

**Drillin’ for Skillin’** – Come drill down on how the various use of drills effectively develops movement patterns. You’ll spend time applying the drills and their tactical application in varying terrain and conditions to better enhance your edging, rotary, and pressure movements with balance all around.

**Getting Comfy in the Steeps** – For those of us who just don’t get enough time exploring steeper pitches, this clinic is for you. You’ll work on various tactics and techniques on how to get down the pitches having fun and getting comfortable there.

**Girls Just Wanna Have Fun** – It’s always fun to ski with the girls and not worry about slowing down to wait for the boys to catch up. Come work on your personal skill development while enjoying the pacing and camaraderie found when skiing with this women’s only group.

**Kids? Who Needs ‘Em?** – We all do! Add to your knowledge bank while exploring, learning and sharing experiences about how to play with a kids point of view.

**Legend – WaitForIt – Ary** – Legendary. You never need to wait around to ski with these legendary guys and gals. Looking for a great day of reminiscing, learning a thing or two about our past and enjoying the camaraderie this clinic always creates? Better not wait to sign-up – Sun Valley is steeped in stuff only legends are made of.

**Putting the Fun in the Fundamentals** – So you’ve been hearing about the five fundamentals and wondering how to apply them? This clinic will review the fundamentals and remind us how much FUN skiing is as you work through the components of good skiing through exploring putting the FUN in the Fundamentals.

**Ski Improvement** – In this clinic you will learn to differentiate between cause and effect by developing your eye to unveil the cause. Guided by a seasoned veteran of the craft, you will better understand your movements, why you make them and how to make them more efficient, all the while, having lots of fun sliding on the snow.

**Senior Tact** – It’s always about tact and tactics with all of our clients and maybe even more so with the senior. This clinic will look at building relationships, strategies and tactics for working with the senior; such as low impact alternatives better allowing the senior to ski a wider variety of terrain with less fatigue. Isn’t that what we all want – more gain, less pain?

**The Rat-Pack** – Come explore Mission, take in the views and all the terrain on a mountain tour de jour. Learn tactics and technique to ski a variety of terrain in the mountain environment while rat-packing around, in control of course.

**Tip It to Rip It** – Just sayin’, what else would you want to do at Mission and all that great corduroy? This clinic will explore the art and excitement of carving in a safe and rip-roaring fun atmosphere. Ski clean, efficient, turns, tip to tail while exploring the hill and leaving trenches all over.

## **SNOWBOARD CLINIC TOPICS**

**Freestyle** – Come find out what the park is all about or push your skills to the next level. Groups will be split based on ability and comfort levels. Group(s) may be a mix of skiers and snowboarders, depending on sign ups. **SUNDAY ONLY**

**The Rat-Pack** – Come explore Mission, take in the views and all the terrain on a mountain tour de jour. Learn tactics and technique to ski a variety of terrain in the mountain environment while rat-packing around, in control of course.

## **FAMILY INFORMATION**

**Sharing the Love** – Your family knows how much the organization means to you..but they don’t totally get it. While you’re working away, let us show them what it’s about. We will take them on a tour of the mountain while sharing the organization with them. They’ll get some tips and tricks along the way too. We know it’s a family affair, maybe there will be some new instructors in your family after the clinic. For ages 13 and up; **must be able to navigate easy blue terrain**. Available Saturday and/or Sunday.