

ALPINE CLINIC TOPICS

Drillin' for Skillin' – Come drill down on how the various use of drills effectively develops movement patterns. You'll spend time applying the drills and their tactical application in varying terrain and conditions to better enhance your edging, rotary, and pressure movements with balance all around.

Freestyle – Come and explore the park, learn what a park rat is, how you would approach various features, what they are called, etc. Don't be intimidated by the topic, this is the time to try it on for size. The group(s) may be a mix of skiers and snowboarders, depending on sign-ups. **Sunday only.**

Girls Just Wanna Have Fun – It's always fun to ski with the girls and not worry about slowing down to wait for the boys to catch up. Come work on your personal skill development while enjoying the pacing and camaraderie found when skiing with this women's only group.

It's All About That Bump – For skiers who have limited experience with the bumps or are accomplished and wish to play in what Sun Valley has to offer, this clinic will be fun. You'll work on various tactics and techniques on making "that bump" work for you, not against you. Appropriate group splits will be made when going out in the morning as well terrain choices.

Kids? Who Needs 'Em? – We all do! Add to your knowledge bank while exploring, learning and sharing experiences about how to play with a kids point of view. **SUNDAY ONLY**

Legend – WaitForIt – Ary – Legendary. You never need to wait around to ski with these legendary guys and gals. Looking for a great day of reminiscing, learning a thing or two about our past and enjoying the camaraderie this clinic always creates? Better not wait to sign-up – Sun Valley is steeped in stuff only legends are made of.

Playing the Fundamental Game – Have you heard the reference, the five fundamentals? Wanting to learn more about them and their relationship with the skills and putting it all together? Then this fun session is for you – the fundamentals will be reviewed and explained in a simple fashion while you ski through them all over Sun Valley.

Seeing IS Believing – In this movement analysis clinic you will learn to differentiate between cause and effect by developing your eye to unveil the cause. Guided by a seasoned veteran of the craft, you and your group will practice the keys to accurate and objective analysis, while having fun and taking in the sights Sun Valley brings.

Senior Tact – It's always about tact and tactics with all of our clients and maybe even more so with the senior. This clinic will look at building relationships, strategies and tactics for working with the senior; such as low impact alternatives better allowing the senior to ski a wider variety of terrain with less fatigue. Isn't that what we all want – more gain, less pain?

Shake and Bake – It's all about the blending of the skills. This clinic will work to improve your skiing performance and understanding of the application of the skills concepts, efficient movements and the blending therein.

The Rat-Pack – Come explore Baldy, take in the view and all the terrain she has to offer on a mountain tour de jour. Learn tactics and technique to ski a variety of terrain in the mountain environment while rat-packing around, in control of course.

Tip It to Rip It – Just sayin', what else would you want to do at Sun Valley with more than 3,400' vertical and all that great corduroy? This clinic will explore the art and excitement of carving in a safe and rip roaring fun atmosphere. Ski clean, efficient, turns, tip to tail while exploring the hill and leaving trenches all over.

SNOWBOARD CLINIC TOPICS

Freestyle – Come find out what the park is all about or push your skills to the next level. Groups will be split based on ability and comfort levels. Group(s) may be a mix of skiers and snowboarders, depending on sign ups. **SUNDAY ONLY**

The Rat-Pack – Come explore Baldy, take in the view and all the terrain she has to offer on a mountain tour de jour. Learn tactics and technique to ride a variety of terrain in the mountain environment while rat-packing around, in control of course.

FAMILY INFORMATION

Sharing the Love – Your family knows how much the organization means to you..but they don't totally get it. While you're working away, let us show them what it's about. We will take them on a tour of the mountain while sharing the organization with them. They'll get some tips and tricks along the way too. We know it's a family affair, maybe there will be some new instructors in your family after the clinic. For ages 13 and up; **must be able to navigate easy blue terrain**. Available Saturday and/or Sunday.

Sun Valley Lodging – Lodging has been set up at the newly, completely renovated, Sun Valley Lodge. Details can be found on the division website at the event detail page or you can phone Sun Valley and ask about options for the PSIA-AASI group at (800) 786-8259.