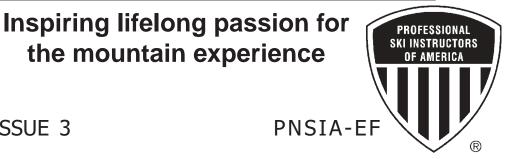
# **Snowsport Instructor**







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# **PSIA-NW Mission Statement**

Provide high quality educational resources and well defined standards to aid our members in improving their teaching skills to better satisfy the needs and expectations of their customer in the enjoyment of downhill and Nordic snow sports.

NORTHWEST SnowSport Instructor

Professional Ski Instructors of America - Northwest Division PNSIA Education Foundation

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Editor Jodi Taggart

### **Guide for Contributors**

The Northwest SnowSport Instructor is published five times a year. This newsletter will accept articles from anyone willing to contribute. The editorial staff reserves the right to edit all submissions. Submit typed, single-spaced paper and, if available, on IBM compatible disks saved as a text file. Pictures must be prints or color copies.

All published material becomes the property of PSIA-NW. Articles are accepted for publication on the condition that they may be released for publication in all PSIA National and Divisional publications. Material published in this newsletter is the responsibility of the author and is not necessarily endorsed by PSIA-NW.

### **Submission Deadlines**

Summer June 15
Fall Aug. 1
Early Winter Oct. 1
Winter Jan. 1
Spring March 10

# Send all submissions to:

Jodi Taggart c/o PSIA-NW 11206 Des Moines Mem. Dr. #106 Seattle, WA 98168-1741 Phone (206) 244-8541 (MSG) office@psia-nw.org

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# Membership is the Key

Recently, I had the opportunity to spend time with three other long term PSIA/AASI - NW members as part of a Focus Group at the Fall Board Meeting. While we had a specific "assignment", we found ourselves discussing why we were members of this association.

One person mentioned that he had just been approached by a new instructor who asked, "Why should I become a member of PSIA/AASI-NW?". While one might think that should be an easy question to answer, it had proven surprisingly difficult in this situation.

As the group talked about this we realized that as new members, we were all drawn in part to join by the promise of specific "member benefits". This "list" of expectations was concrete to us, if not very well understood, and included discounts on equipment and lift tickets. Somewhere farther back in our minds was the idea that if we were successful "getting Certified" we'd make more money too.

So when the prospective member asked for reasons to join, it was natural to want to go back and view that question through the lens of one's own experience of being a new member and attempt to answer by ticking off "the benefit list". Yet, somehow, "the list" just didn't seem important enough anymore to the long term member for him to use as justification for someone to join. That caught him off guard and surprised him at his loss for words. I suspect many of us recognize this conversation.

While not being able to put his finger on it at the time, he later realized he had stumbled on something really significant. It was actually the relationships with other members that had real meaning over the years. From working with fellow instructors, Ski School Directors and trainers to getting coaching from divisional staff and national team members, he had built an entire library of meaningful experiences. No one forgets a mentor. Yet sometimes we forget that membership in PSIA/AASI is the key to forming these relationships.

We left the discussion group that day with new insights. We realized that when talking to prospective members we could be comfortable covering "the list" of member benefits because there is value in that. We realized even more, that if we were going to make the case for joining, we would need to help them understand the inspiration that has come to us from interacting with other members who share our passion to teach Snowsports.

After all, that's who we are. An association committed to "Inspiring lifelong passion for the mountain experience." As Mark Dorsey from PSIA/AASI National observed in his presentations at Fall Seminar - Associations exist so that people of similar interests can Associate. Could it really be this simple - that the key is membership? Yes! Pass it on!

John Eisenhauer, PSIA-NW Communications VP

# It's A Whole New Game

Chad Frost AASI-NW Chairman

# A Summary of AASI-NW for the '03-'04 Season

Te all long for it, some more obvious than oth ers, but we all are still searching for the ultimate feeling when we are out riding. The obvious ones are easy to spot, just check out the park or pipe and you know everyone in there is after it. And don't tell me that you have never gotten a little extra speed when cruising some terrain with rollers or perhaps dropped in on a little steeper run on the big powder days. It's that weightless feeling we are all after and it has literally turned the world of snowsports upside down.

Regardless of how big people go off jumps or ride in the pipe we all have our own way of playing with the terrain around us, and this creative side of snowboarding broadly named freestyle. The snowboard world today is driven by freestyle. From the equipment in shops to the Parks and Pipes at resorts and even our clothesall are descendants of freestyle progression. Although it has always had strong roots in snowboarding, freestyle skiing is coming on strong right now also. Resorts are flooded with kids that are eager to learn and parents that are just as anxious to tie them up so they won't get hurt. So why not teach people how to use these freestyle arenas? Why not inform them how to be aware of the flow of traffic in a park and how to get started learning without taking too much of a risk of getting seriously injured. Well, that is the direction that PSIA and AASI are

headed and although it may have been a slow start, we are a large National organization, and when large things get rolling they will cover a lot of ground. Already over half of our Divisions are offering a Freestyle Accreditation Program. McLaughlin, of the NW Tech-Team, and I were selected to participate in a Freestyle Task Force along with several others from all across the US. We were presented with a ton of questions regarding the freestyle world from the National Ski Areas Association, numerous resorts, and the directors of our own organization. It was made clear that we need to provide some help to instructors everywhere on how to safely teach freestyle riding. Plans for this year will be to get more information on the national websites aasi.org and psia.org. More educational offerings will be coming also. We don't know what exactly, but people are now aware that we need to addressing freestyle issues, and fast!

Last season we ran our first AASI-NW Freestyle Accreditation Program during the spring Freestyle Camp at Timberline. The program is still evolving as I write this now so stay tuned to psia-nw.org for the most current information this season. We will have three levels of Freestyle Accreditation for AASI Level I certified members this season. You must have the Level I to make sure that everyone has a basic understanding of snowboarding and riding skills. The first level of Accreditation will be called Foundations of Freestyle or FS-I. This level is all about educating riders with the basic principals of freestyle riding. The next two levels, Fundamental Accreditation or FS-II and Advanced Accreditation or FS-III will both be an evaluated process. Riders will have one clinic day and two days of working with each other and performing and will be evaluated by two Freestyle Examiners. Candidates will be recognized with the level at which they coach and ride. This is just an outline and I hope to have more details available on our website by the time you are reading this.

With the Freestyle Accreditation Program now in effect it will impact our Certification Exams. Hopefully by now you have heard about the Riding Images movie. If not be sure to contact our office to order a copy. It will be a great tool for understanding snowboarding and preparing for exams.

I think that we have more diverse clinics and some great events scheduled for this year and don't forget to sign up plenty far in advance as we do not have unlimited space for events, especially our Freestyle Accreditation Program and Certification Exams. The last couple of years our Divisional Clinic Leader and Examining staff has grown with some phenomenal riders and teachers and on their behalf I hope we all see you in the snow... soon!



# What's Happening in the Great Northwest

ell Hello All! Hope your summer has gone well and that everyone is getting ready for the upcoming season.

Remember to do all that running and biking, skateboarding, rollerblading and sit-ups, gym work and equipment buying or rehabbing that it takes to get ready.

I'm starting any day now!

Last year we kicked off some new programs and ideas. This season will focus on the things we are doing right and building upon the direction we set a few years ago to offer all of our membership the educational programs and content to reach your teaching goals. Regardless of whether you are seeking certification or moving beyond your current discipline to try something new, we aim to please.

This season we will be posting the Calendar and Program Descriptions on the Website and in the Newsletter in both full year and periodic formats. The Calendar pages for each month are downloadable on 8 by 11 sheets for you to post in your locker rooms or home offices. This is a cost saving effort on the Division's part and we hope you will take advantage of our website.

On to the programs!

The Outreach Program will continue again this year with clinicians from all disciplines coming to those mountains that don't get the major events. Remember to contact the office regarding schedule for your clinic. The areas in the program are listed through the PSIA-NW office.

Senior Tour will continue again this season with programs being offered in the Seattle, Portland and Spokane areas.

ACE and Children's Clinics will be under the direction of Chris Saario this year and you will be seeing some great new ideas and topics coming your way.

Larry Murdoch Education Vice President

Pipe and Park and Freeriding will be in full swing again this year with a number of our Northwest clinicians receiving further training last spring and over the course of the summer. We are also looking at the opportunity to bring in some professional riders to join in the coaching and fun!

Multi-day events such as Divisional Academy, GS Camps, Women's Clinics, Nordic Fall College and possibly some new events are in the works or ready to go.

Symposium is in Sun Valley this year and we will be hosting not only our division, but for members of the Alaska, Northern Rocky and Northern Intermountain Divisions as well. The Alpine skiing, Snowboarding and Nordic brethren will all have training and socializing going on.

Be sure to check the calendar regularly on the website for possible changes and/or additions to this years training opportunities.

# Women's College 2004 Mission Ridge

It is time again to plan your girls only weekend. Women's College is coming to Mission Ridge on March 20-21, 2004. Join a few of this division's diva clinicians for a weekend devoted to just us women. Participate in topics that relate directly to the female anatomy and physiology. Enjoy the camaraderie of other women who share a desire to excel in the snowsports industry.

This festive gathering will include both skiing and snowboarding groups (assuming we have enough signups.) So get your friends together and send in your applications right away. You deserve this and you know it.

MARCH 20-21, 2004

# President's Report

Ed Younglove PSIA-NW President

he PSIA-NW Board of Directors voted to continue to study the proposal to revamp our Education, Technical (Training) and Certification programs administration. This was, I thought, the prudent thing for the board to do. As the board continues to study the issue, I would like to share some thoughts on the matter with you.

To begin with, some context might be helpful for you. The proposal is to create a full-time paid staff position (Education Coordinator) to help administer and implement our Education, Training and Certification programs (ETC). Currently, and historically, the programs are administered by the volunteer Education, Technical and Certification Vice Presidents.

This is an important decision we are making, particularly if you consider the purpose of the organization. We are a tax exempt, nonprofit, educational organization. Our formal stated mission is to "provide high quality educational resources and well defined standards." The ETC programs are, and have been, the heart of the organization. Improving them should be our first priority.

Where do I stand on the proposal? I am waiting until the study phase is completed to decide. (Actually, as President I do not vote on the matter, unless there is a tie in the board vote. In such a case my vote would decide the matter—a responsibility I do not want, but would not shirk.) The board's demonstrated thoroughness and prudence

in approaching this matter gives me the confidence that I will be able to support whatever decision is ultimately reached by the board. Because I believe it will greatly advance our mission, my hope is that we can find a way to implement the proposal. My fear is that we may not have a large enough membership base to be able to financially support the position. (I am convinced we should do it "first class," or not at all. This is based on feedback from the divisions which have implemented similar structures.) I can assure you, no division that has implemented a similar paid Educational Coordinator position has done as thorough a job of studying and preparing for it.

Several people have expressed the opinion that our historical model has worked well, and therefore, we should not abandon it. One reason for my decision, whatever it is, will **not** be to continue as we have been simply because we have always done it that way, even though I think we have done it well in the past. That is simply a recipe for stagnation. I want us to be a vibrant organization, always questioning how and why we do things and always looking for a better, more efficient way

to foster our stated mission. As the sophistication and size of our programs have grown, so have the responsibilities of the ETC Vice Presidents. We simply may not be able to rely on "volunteers" to run these programs any longer.

My personal experience is that most "volunteer nonprofit organizations" tend to rely on volunteers for policy making and governance but, particularly as the organizations grow (in size and/or sophistication), they utilize paid staff in critical positions. We do that now in PSIA-NW. The board members and officers (including the ETC Vice Presidents) are volunteers. Members, sometimes providing ongoing special services (such as our webmaster), are also volunteers. However, we have had a paid full time Office Administrator and two other paid office staff for some time now. Our divisional staff are paid (part time). This would not change. The Education Coordinator would simply be an additional paid full time staff position. If we need and can afford a paid Education Coordinator, and that is what the board is deciding, then I view it as positive change, and I am all for

# New Address? or New Email?

Be sure to inform the PSIA-NW office if you move. The post office may not forward our mailings. Send your Name, New Address, New Phone and New Email. Notification can be made either by mail or email.

Contact the PSIA-NW office at office@psia-nw.org or mail your new info to PSIA-NW, 11206 Des Moines Mem. Dr., Suite 106, Seattle, WA, 98168

# The Mountain Experience

# Race Camp at Mt Hood

s the miles sweep by, the near perfect cone of a snow-capped Mt. Hood slowly comes into view. Becoming larger as you approach, it appears to float above the landscape. Suddenly, the mountain disappears and you are surrounded by forested hills,

At Government Camp, you turn, climbing up switchbacks and long curves, with brief glimpses of spectacular views and blinding sun. Suddenly, you are in the parking lot, staring at one of nature's most inspiring sites. The snowfield seems miles away, the lifts barely visible. Intently focusing, you notice small dark specks moving down the slopes. Turning slowly around, the grandeur of Oregon is revealed with sparkling lakes, snow covered peaks, endless forests, a shrouded glimpse of coastal cities, and the faint blue cast of the Pacific.

With the heat radiating off the asphalt, you immediately think of dressing light. Then a cooling breeze whips by, suggesting you pack an extra shirt. Cramming water, sunscreen, snacks, and extra everything into a pack far too small, you trek up the parking lot, immediately breaking into a sweat.



Walking past the Timberline and WyEast lodges (another story), you follow an asphalt path that passes through a canopy of trees, the air considerably cooler. You nearly miss seeing the lift hidden in the shadows, quietly waiting for winter.

Leaning your skis against the side of a building that is already radiating heat, you fumble through your clothes, trying to remember where you put your wallet. This is not the usual winter routine and you think, "I better get this down by tomorrow."

With ticket attached, skis and poles on your shoulder, and pack on your back, you confidently walk a few feet into the cool darkness of the loading shack. Your eyes adjust. You are abruptly stopped by the thought that you have to get on a moving lift without losing everything you are carrying. You stall by stopping and adjusting anything, watching as others load first. You realize it's all a matter of coordination and timing. No sweat!

Walking the few steps to the loading line, you turn slightly, align your skis, and sit down as if you had been doing this hundreds of times. Without warning, you are rocketed up and the chair kicks backwards. The fun begins as skis and poles slide forward and your backpack is pushing you off the seat. One handed, you grab at your skis and the side of the chair. The panic passes as the chair levels out and you shift everything so it at least stays put! (Of course, by the time you touch down

Mike Peters Spokane Region Board Rep.

at the top, you are numb in a dozen places since you were too afraid to move.)

Riding up through cool breezes just skimming the trees, you take in a panoramic view. The mountain is overwhelmingly huge, the summit just a stone's throw away. To the east and west, slopes blend into a bright blue sky.

The terrain changes abruptly. Huge brown boulders and rocky ground replace the foliage. The land is void of most plant life, reminiscent of the moon's landscape. The sun is blinding and the temperature is suddenly warmer.

Loading the second chair is more familiar, sidestepping up a long snowy ramp with skis on. Entering semidarkness, you glance around noticing all the paraphernalia of a lift shack. Just as you load, you spot a plaque. The Palmer lift is named after an 1870's explorer.

At the top, you enter another dark building. As your eyes adjust to the darkness, you realize the chair has slowed and you are sliding on a path of snow just barely wide enough for 4 people! Suddenly you are blinded by snow and sun. You stop to get your bearings (and not ski off the track) and are greeted by a view even more spectacular than below. The air is fresh, clear, and cool. Your one thought, life is good, passes too quickly as you weave through the multitude of skiers that somehow all fit on this path of snow, etched out of the slope.

Continued on page 21



# **National News**

# National's New Education Advisory Council

**d**o keep up with the times PSIA/AASI has become a constantly changing operation, and we have changed the way that we do business big time! For many years we used a rigid system of funding and supporting the traditional standing national committees. We relied heavily on the committees to develop themes for educational development. The committees were volunteer staffed, and unfortunately positioned to compete with one another for National resources. In the last few years we have found that our membership demands that we put the right product into their hands in a more timely fashion, and to do this we have had to become more task focused. Accordingly, in our Spring meeting, we developed a new task force concept, and did away with the standing committees. One of the problems with the old committee system was that once the committees' job had finished, the committee and its chair continued to exist at sometimes an additional expense to the membership. The new task force structure is really a new business model designed to get our products out the door to our membership in a timely fashion.

As you know, changes are occurring very rapidly at National. At first we had a Steering Committee, however, our continued strategic plan took over their role. We then went to a Task Force concept and Creative Congress concept, which gave us many more ideas for our strategic plan, and brought a number of divisional members back to National to help formulate National policy. The Educational Advisory Council is more defined by the Board and is chaired by a Board member, Ray Allard, our Communications Vice President.

The Educational Advisory Council is composed of six members representing Alpine, Nordic, Snow Board, Adaptive, Children, and Snow Sports Learning Center Directors. The Council has one person for each venue, and they are: Alpine – Dee Byrne Adaptive – Beth Fox Nordic – Laura Landrum

John I. Weston, Jr. PSIA-NW National Rep.

Snow Boarding – Earl Saline Childrens – Pam Malone Snow Sports Learning Centers – Sherm White

The Educational Advisory Council is charged with the duty to:

- 1. Bring projects to National's attention;
- 2. Assist in developing member ideas, wishes and concepts, and changing them into action plans which can be approved by the Board and become part of our strategic plan; and
- 3. Support our members professionally and personally, and enable them to deliver valuable learning experiences to our guests and to aide our partners. These appointments will continue for one year, and next year the Board will take applications for Advisory Council Members who will serve for two years.

Any new ideas for National should be addressed to the person on the Advisory Council who heads up that venue.

As usual, the final decision rests with the Board of Directors, the Executive Committee, and the Divisional Presidents.

# **Divisional Academy**

The ultimate event for professional development in snowsports. Three days with the same group and clinician will undoubtedly enhance your knowledge and skill level. Three days to fully explore, discuss and challenge your snowsports being. There is no better venue to truly indulge the senses than Divisional Academy.

# 2004 Mission Ridge

We will be gathering at Mission Ridge for this year's event. There are a limited number of spots for participants in order to keep the group sizes small and the quality high. Sign up early or risk the chance of having to wait until next year.

March 12-14, 2004

# **National News**

# A Review of the PSIA National BOD Meeting

have just returned from the Fall Board Meeting on October 11, 2003, and the following report will give you an idea of the work that National has undertaken.

In the Spring we participated in the National Ski Area Association Trade Show, at the request of NSAA, and to further our partnership with NSAA. We put on part of the program dealing with how we as instructors and snow sport school managers ensure repeat business among our customers, and ensure continued growth to the industry. As you know, we along with NSAA have been working to increase the conversion to snow sport advocates, and to increase snow sport patron visits at the ski areas. For the first time this last year we saw an increase nationally in snow sports visits, and it is apparent to NSAA and to us that our programs are making the difference.

## PARK, PIPE & RAIL

The National Ski Area Operators Association has come to us and asked us to put together not only the training, but an educational model for Park, Pipe & Rail, which includes progressions, risk management and park design. We are presently and have been for the last six months, involved in putting together the criteria that we have been asked for, including an educational model, which has progressions, risk man-

agement and park design in it. This is being done through Linda Crockett of our Educational Department. Linda and her task force which is made up of free-style specialists, both AASI and PSIA, will have some outcomes on the website by late November of this year, and a curriculum for you by Spring of the coming year. Any of you interested in this project, or in giving input as to safety recommendations, a vocabulary glossary, et cetera, please contact Linda Crockett at our Education Department.

# WHAT ELSE IS NEW AT NATIONAL?

The AASI Examiners College will be held in November, right after team training. John Tickner and Chris Hargrave will be representing our Northwest Division.

# **NEW SUPPLIERS**

Patagonia has taken over from North Face as our new supplier of uniforms. They have put together a Pro Purchase Program especially for instructors, and will issue a special catalog of their products for our 29,000+ members, with a one-day shipping guarantee. This is another benefit to our members at no cost.

# NEW TEAM MANAGER AND TEAM COACHES

A new team manager has been selected. Katie Fry will take over from Dave Merrium, after the National Demonstration Team tryouts in April 2004. Team coaches are in the process of being selected and the selection should be complete by December 2003.

John I. Weston, Jr. PSIA-NW National Rep.

# ADAPTIVE TEAM MEMBERS

At the Fall Board Meeting the Board of Directors voted to add an Adaptive member to our National Team at the time of the 2004 selection. The Team member must be a Level III member actively working as an examiner and/or Divisional Clinician, and further must fit within one of the six recognized adaptive categories. The National Adaptive Committee is responsible for the selection of the Team member, and will select no more than three candidates to participate at their own expense in the Team interview and presentation portion of the National Tryout. If you meet the criteria and are interested, please contact the Northwest Office or the National Adaptive member of the Educational Advisory Council, Beth Fox, for more information.

# NATIONAL TEAM SELECTION

The National Team training and selection will occur April 26 through May 4, 2004, at Snowbird, Utah. Remember, we as divisions have to report all candidates for try outs by December 31, 2003. Therefore, if you are interested in becoming a National Team memfor Alpine, Adaptive, ber Snowboarding or Nordic, contact Barb immediately at the office, so that we can make sure to get your name to National. Candidates must submit their individual applications by March 1, 2004, to be considered for the National Team.

Continued on page 22

# All New Exam Tasks For 2004!

Chris Kastner
PSIA-NW Certification VP, National Demo Team

id that grab your atten tion? Usually does. Every year I am asked if the alpine tasks have changed. So, since they haven't been in a few years, I have decided that they should be. What do you think? Are you ready to train towards passing new exam

tasks? Or are you ready to strangle the Certification Vice President. I am only kidding about chang-

ing the tasks. But what if we did? Would you be ready?

What is new are the National PSIA Alpine Education/ Certification Standards. Referenced to the PSIA-AASI's Core Concepts and PSIA's Alpine Technical Manuals, the National Standards use terminology consistent with these manuals. These standards provide a training focus, and represent a minimum competency for each level of certification.

The premise of the education/certification standards is based upon the concept of "levels of understanding". Stages of learning are defined based on the degree of understanding. As certification is a measure of understanding, levels of certification represent stages of understanding. Candidates will be held to the knowledge and performance standards of the level at which they are testing as well as the criteria for all preceding levels.

The nice thing about the changes made to the National Standards is that they have been modeled after our own PSIA NW exam format and task criteria. Instead of a task based emphasis as before, the standards reflect movements that affect skill blending that you see in good skiing. You will be able to find the National Standards in our Alpine Certification Guide which is available on the PSIA-NW web site or on the PSIA National website.

# Lets play "Guess the Exam Task"

Can you guess what task this set of criteria belongs to?

Which brings us back to the question: Would you be ready if our exam tasks were to change?

### **CRITERIA**

- 1) The skis are edged and carving before the fall line,
- 2) Remain in balance through flexing and extending evenly in the ankles, knees, hips, and spine so that the outside ski bends from the middle,
- 3) Shoulders stay level with the horizon

# Is it:

A: One Ski Turns
B: Bumps
C: Medium Radius Turns
OR,

D: It shouldn't matter because the criteria defines good movement patterns found in modern skiing and should be apparent in any task.

If you picked C you would be correct. It is the criteria for medium radius turns. If you picked D you would also be correct. Even more correct. Can you be "more correct"?

Anyway, lets take a look at just one of the criteria for medium radius turn.

The skis are edged and carving before the fall line. I think that we could all agree that for a medium radius turn, that this describes

> what you should expect from a good skier skiing medium radius turns. As the skier enters a turn, they focus

on moving forward and through both boot cuffs to tip the ski and engage the edges with the snow. Funny, that is what you actually do for developing a turn in the bumps or while skiing on one ski. Except that you are only moving through one boot cuff.

Lets try this. Lets change the criteria for a medium radius turn.

Medium Radius Turns

# **CRITERIA**

- 1) Maintain contact between the shins and the boot shafts while moving forward and laterally,
- 2) The ski's edges are released and engaged in one smooth movement,
  3) Completely transfer the weight/
- 3) Completely transfer the weight/body/mass to the other ski,
- 4) Flex and extend ankles, knees, hips and spine to balance over middle of ski,
- 5) Keep the shoulders level with the horizon

Recognize this set of criteria? It happens to be the criteria for skating down hill, but it works just as well as criteria for medium radius turns too. Continued on page 28

# First Call for Spring 2004 Award Nominations

ow that the ski season is about to begin, it is time to start thinking about snow as well as nominating deserving instructors for one of the many PSIA-NW awards that recognizes their years of dedication and achievements. The success of the Recognition and Awards Program depends upon the active support of our ski schools and individual members. So make a New Years resolution today to submit a nomination tomorrow. If you are a procrastinator, that do it no later than January 15, 2004, that way you will beat the rush! You will find the nomination form below and on the PSIA-NW website

The awards are as follows, please refer to the PSIA-NW website for complete criteria on each award. Ken Syverson Instructor of the Year: An individual who has an established history of outstanding performance as a snowsports instructor.

Jean Lyon Service to Youth: An individual who has as established history of outstanding performance in working with children's programs.

Art Audet Outstanding Service Award: Service of significant and lasting benefit to their ski shoo, PSIA-NW, PSIA, their community, or the common good of mankind.

Larry Linnane Legends Award: This award may be presented to any senior member of PSIA-NW who has made a significant, life long contribution to the development and/or history of skiing.

Rookie of the Year: An individual who demonstrates technical knowledge, teaching ability and skiing/riding skills that exceed normal expectations for a first year instructor.

# NOMINATION FOR PSIA-NW AWARD

☐ Instructor of the Year ☐ Skiing Leg	r.                         Outstand gends (Age)	ling service	☐ Rookie	Service to Youth of the Year	
Discipline/Disciplines  ☐ Alpine	□Snowboard	□ Nordic		☐ Adaptive	
Name of Nominee: Address: *Justification: (Attach a	City:	State:_			
Nominated by:					
E-mail Address:				. <del></del> ·F·	

\*Please base your justification on the Awards Criteria. Use no more than two pages please and include no more than two letters of recommendation if desired. Note: The Awards Committee will make their selections 30 days prior to Spring Symposium based solely upon the information that you include in your nomination, so make it as clear, concise and complete as possible. Mail to: PSIA-NW, 11206 Des Moines Memorial Drive, Suite #6, Seattle, WA 98168-1741, Attn: Awards Committee Chair. You may also send your nomination via e-mail to: office@psia-nw.org; through our website at: www.psia-nw.org or fax number: 206-241-2885.

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# 1992 calendar This is just a quick glance back in time. We have come

a long way in this division and plan to continue to grow.

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Nov 13-15	Fall Seminar*	Timberline
Dec 5	Clinic (day)	49 Degrees North
Dec 19	Clinic (day)	Snoqualmie
Feb 3	Clinic (day)*	Mt Hood Meadows
Feb 3	Clinic (night)	Mt Hood Meadows
Feb 3	Clinic (night)	Mt Spokane
Feb 5	Pre-Exam Clinic	Mt Baker
Feb 6-7	Exam	Mt Baker
Feb 8	Clinic (day)	Ski Acres
Feb 8	Clinic (night)	Ski Acres
Feb 17	Clinic (night)	Mt Spokane
Feb 20	Clinic (night)	Stevens Pass
Feb 21	Clinic (day)*	Stevens Pass
Feb 23	Clinic (day)	Snoqualmie
Feb 23	Clinic (night)	Snoqualmie
Mar 6	Clinic (day)*	Mission Ridge
Mar 6	Clinic (day)	Crystal Mtn
Mar 7	Clinic (day)	Anthony Lakes
Mar 7	Clinic (day)	Hoodoo
Mar 11	Clinic (day)	White Pass
Mar 13-14	Examiner/DCL/Tech Dir Workshop	Mission Ridge
Mar 19-21	Divisional Academy	Mission Ridge
Mar 26	Pre-Exam Clinic (day)*	Crystal Mtn
Mar 27-28	Exam*	Crystal Mtn
Apr 2	Pre-Exam Clinic	Schweitzer
Apr 3-4	Exam	Schweitzer
Apr 9	Pre-Exam Clinic*	Mt Hood Meadows
Apr 10-11	Exam*	Mt Hood Meadows
Apr 14-18	Interpro Ski Congress*	Big Mtn, Montana
Apr 23	Pre-Exam Clinic	Mt Bachelor
Apr 24-25	Exam	Mt Bachelor
May 8-9	Examiner/DCL/Tech Dir Workshop	Mt Bachelor
July 23-25	Race Camp	Timberline
July 28-Aug 1	Race Camp	Timberline
July 30-Aug 1	Race Camp	Timberline
*These events include sn	owboard and alpine groups.	
10.45		<del>-</del>

# Nordic Events

Nov 13-15	Fall Seminar	Timberline
Dec 6	XCD Pre-Exam Clinic 1-5pm	Stevens Pass
Dec 19	XCD Pre-Course	Ski Acres
Dec 20	XCD Exam	Ski Acres
Jan 8	XCD Clinic 7-9 pm	Snoqualmie
Jan 31	XCD Movement Analysis Clinic 1-3pm	Snoqualmie
Feb 20	Track Pre-Exam Clinic	Ski Acres
Feb 20	Intermediate Track 9am-1pm	Ski Acres
Feb 20	Intermediate Skating 1-5pm	Ski Acres
Mar 13	XCD Pre-Exam Clinic	Mt Hood
Mar 20	Track Pre-Course	Ski Acres
Mar 21	Track Exam	Ski Acres
Mar 27	Track Pre-Exam Clinic	Mt Bachelor
Apr 3	XCD Pre-Course	Mt Bachelor
Apr 4	XCD Exam	Mt Bachelor
Apr 14-18	Interpro Ski Congress	Big Mtn, Montana
Apr 24	Back Country Pre-Exam Clinic	TBA
Apr 24	Track Pre-Course	Mt Bachelor
Apr 25	Track Exam	Mt Bachelor
Mav 8	Back Country Pre-Course	TBA

# 2003-2004 PSIA-NW Calendar

Day Date	Alnina Event	Location
•	Alpine Event	
Fri 12/12/03	Exam Orientation Clinic**	Crystal Mtn.
	03 Exam Modules, Level II & III	Crystal Mtn.
	33 Advanced Childrens Endorsement	Timberline
	3 Advanced Childrens Endorsement	Stevens Pass
Tue 1/13/04	Prof. Development Series (indoor) 7-9 pm*	Seattle, Portland
Thur 1/15/04	Prof. Development Series (on snow)*	Summit West
Sat 1/17/04		nmit West, Stevens Pass, Mt. Hood
Mon 1/19/04	Prof. Development Series (on snow-indoor)*	Mt. Bachelor-Bend
Tue 1/20/04	Senior Tour - Approach to Adventure Conditions (on snow)**	Summit Central, Mt Hood
Tue 1/27/04	Senior Tour - Approach to Adventure Conditions (indoor)**	Bellevue High/TBA
Tue 1/20/04	Senior Tour - Preparing for the Skiing Model-Levels II-III (on sn	ow)**Summit Central, Mt Hood
Tue 1/27/04	Senior Tour - Preparing for the Skiing Model-Levels II-III (indoo	r)** Bellevue High/TBA
Wed 1/28/04	Senior Tour - "Imporve your Personal Skiing" (on snow)	Summit West
Thurs 1/22/04	Senior Tour - Polishing Your Skills (on snow)**	Summit Central, Mt Hood
Thurs 1/29/04	Senior Tour - Polishing Your Skills (indoor)**	Bellevue High/TBA
Fri 1/9/04	Beat the Bumps Workshop Bumps 1 and 2	Stevens Pass, Schweitzer
Wed 1/21/04	Day 1 - Freestyle Camp Intro to Pipe and Park	Stevens Pass
Thur 1/22/04	Day 2 - Freestyle Camp-Intro to Park and Pipe	Stevens Pass
Mon 1/26/04	Day Clinic	Summit Central
Sun 2/1/04	Day Clinic-Ski Improvement-Giant Slalom	Stevens Pass
Thur 2/5/04	Day Clinic-Intro to Slalom Racing	White Pass
Fri 2/6/04	Explore Off-Piste and Steeps	Alpental
Mon 2/9/04	Exam Checkpoint-Skiing or Teach/Tech	Schweitzer/Mt.Hood Meadows
Tue 2/10/04	Day Clinic-Bumps 1	Alpental
Wed 2/11/2004	•	Timberline
Sat-Sun 2/14-15/04		Summit West
Sat 2/21/04	Day Clinic	49° North
Sun 2/22/04	Movement Analysis Workshop II	Mt. Hood Meadows
Sun 2/22/04	Day Clinic-Steeps and Off-Piste	Crystal Mtn.
Sun 2/22/04	Day Clinic - Giant Slalom	Mt. Bachelor
Mon 2/23/04	Day Clinic - Giant Slalom	Mt. Hood Meadows
Wed 2/25/2004	•	Mt Spokane
Sun 2/29/04	Exam Checkpoint-Skiing or Teach/Tech	Stevens Pass
Wed 3/3/04	Intro to Pipe and Park	Schweitzer
Fri-Sun 3/5-7/04	DCL Tryouts	Stevens Pass
	Divisional Academy	Mission Ridge
Sun 3/14/04	Exam Checkpoint-Skiing or Teach/Tech	Crystal Mtn.
	For Team Tryouts	Schweitzer
Fri 3/19/04	Exam Orientation Clinic***	Schweitzer
	Exam Modules, Level II & III	Schweitzer
	Women's College	Mission Ridge
	_	Mt. Hood Meadows
Sun 3/21/04	Exam Checkpoint-Skiing or Teach/Tech	
Fri 3/26/04	Exam Orientation Clinic***	Stevens Pass
	Exam Modules, Level II & III	Stevens Pass
	Advanced Childrens Endorsement	Crystal Mtn. / Mt. Hood Meadows
Sun 3/28/04	Exam Checkpoint-Skiing or Teach/Tech	Mt. Bachelor
Fri 4/2/04	Exam Orientation Clinic***	Crystal Mtn.
Sat-Sun 4/3-4/04	Exam Modules, Level II & III	Crystal Mtn.
Fri-Sun 4/9-11/04	Symposium	Sun Valley

Fri	4/16/04	Exam Orientation Clinic***	Mt. Hood Meadows
Sat-Sun	4/17-18/04	Exam Modules, Level II & III	Mt. Hood Meadows
Fri	4/23/04	Exam Orientation Clinic***	Mt. Bachelor
Sat-Sun	4/24-25/04	Exam Modules, Level II & III	Mt. Bachelor
Fri-Sun	5/14-16/04	GS Race Camp	Mt. Bachelor
Sat-Sun	5/29-30/04	Ski School Clinic Leader Training	Timberline
Fri-Sun	7/9-11/04	Professional Development Series Camp	Timberline
Fri-Sun	7/16-18/04	GS Race Camp	Timberline
Fri-Sun	7/23-25/04	Mixed Race Camp	Timberline
* E. 144			

<sup>\*</sup> Five Week Series

<sup>\*\*\*</sup> No Educational credit for current level III Instructors

Day	Date	Snowboard Event	Location
Sat-Sun	12/13-14/03	Advanced Childrens Endorsement	Timberline
Sat-Sun	12/20-21/03	Advanced Childrens Endorsement	Stevens Pass
Tue	1/13/04	Prof. Development Series (indoor) 7-9 pm*	Seattle, Portland, Spokane
Thur	1/15/04	Prof. Development Series (on snow)*	Summit West
Sat	1/17/04	Prof. Development Series (on snow)*	Summit West, Stevens Pass, Mt.
Hood			
Mon	1/19/04	Prof. Development Series (on snow-indoor)*	Mt. Bachelor-Bend
Wed	1/21/04	Movement Analysis, Current Fundamental Movemer	nts Summit Central, Mt Hood Meadows
Thur	1/22/04	Freestyle Fundamentals Accreditation Clinic	Stevens Pass, Mt Bachelor
Mon	1/26/04	Movement Analysis, Current Fundamental Movemer	ntsSummit Central, Schweitzer
Sat-Sun	1/31-2/1/04	Advanced Childrens Endorsement	Mt. Spokane
Thur	2/5/04	Movement Analysis, Current Fundamental Movemer	ntsWhite Pass
Mon	2/9/04	Exam Checkpoint-Riding or Teach/Tech	Schweitzer-Mt. Hood Meadows
Mon	2/23/04	Exam Checkpoint-Riding or Teach/Tech	Mt. Hood Meadows
Sun	2/29/04	Checkpoint- Riding or Teach/Tech	Stevens Pass
Sun	2/29/04	Freestyle Fundamentals Accreditation Clinic	Stevens Pass, Mt Hood Meadows
Fri-Sun	3/12-14/04	Divisional Academy	Mission Ridge
Sun	3/14/04	Exam Checkpoint-Riding or Teach/Tech	Crystal Mtn.
Fri	3/19/04	Exam Orientation Clinic***	Schweitzer
Sat-Sun	3/20-21/04	Exam Modules, Level II & III	Schweitzer
Fri	3/19/04	Freestyle Accreditation Orientation Clinic	Mt Hood Meadows
	3/20-21/04	Freestyle Accreditation	Mt. Hood Meadows
Sat-Sun	3/20-21/04	Women's College	Mission Ridge
Sun	3/21/04	Exam Checkpoint-Riding or Teach/Tech	Mt. Hood Meadows
Fri	3/26/04	Exam Orientation Clinic***	Stevens Pass
	3/27-28/04	•	Stevens Pass
		Advanced Childrens Endorsement Snowboard	Mt. Hood Meadows
Sun	3/28/04	Exam Checkpoint-Riding or Teach/Tech	Mt. Bachelor
Fri	4/2/04	Freestyle Accreditation Orientation Clinic	Stevens Pass
	4/3-4/04	Freestyle Accreditation	Stevens Pass
	4/9-11/04	Symposium	Sun Valley
Fri	4/16/04	Exam Orientation Clinic***	Mt. Hood Meadows
	4/17-18/04	•	Mt. Hood Meadows
Fri	4/23/04	Exam Orientation Clinic***	Mt. Bachelor
		Exam Modules, Level II & III	Mt. Bachelor
	5/7-9/04	Freestyle Camp	Timberline
Fri	5/14/04	Freestyle Accreditation Orientation Clinic	Mt Bachelor
	5/15-16/04	Freestyle Accreditation	Mt Bachelor
	5/29-30/04	Ski School Clinic Leader Training	Timberline
Fri-Sun	7/9-11/04	Professional Development Series Camp	Timberline

<sup>\*\*</sup>Six Week Series (one week on-snow/next week indoor - all sessions are night clinics)

Day Date	XCD/Nordic Event	Location
Fri 12/5/03	3 XCD Staff/TD/Level III (Buzz Lightyear) Train	ning Mt. Bachelor
Sat-Sun 12/6-7/	703 Fall College (Track & XCD)(Track Level I Exam if en	ough signups) Mt. Bachelor
Mon 1/26/04	Tentative XCD Staff/TD/Buzz Lightyear Trail	ning Stevens Pass
Sun 2/8/04	Track TD Training	Summit XC Center (Snoqualmie)
Sat 2/21/04	XCD Pre Exam Clinic	Mt. Bachelor
Sun 2/22/04	1 Track Pre Exam Clinic	Summit XC Center
Sun 2/22/04	1 Track Pre Exam Clinic	Mt. Bachelor
Sat 2/28/04	XCD Pre Exam Clinic	Stevens Pass
Sat 3/6/04	Track Pre Exam Clinic	Summit XC Center
Sun 3/7/04	Track Exam Level II & III	Summit XC Center
Fri 3/12/04	XCD Pre Exam Clinic	Crystal Mtn.
Fri-Sun 3/12-14	1/04 Divisional Academy (XCD)	Mission Ridge
Sat-Sun 3/13-14	4/04 XCD Exam II-III	Crystal Mtn.
Fri-Sun 3/26-28	3/04 Nordic Symposium (Track and XCD)	TBA

# Day Date Adaptive Event

_		•	
Sat-Sun	12/20-21/03	BDivisional Staff and Examiner Training	Crystal Mtn.
Sat	1/31/04	Adaptive Orientation Clinic/Checkpoint	Summit West
Sun	2/1/04	Adaptive Level I Exam	Summit West
Fri	4/2/04	Adaptive Pre-Exam Orientation Clinic	Crystal Mtn.
Sat-Sun	4/3-4/04	Adaptive Level I and II Exam	Crystal Mtn.
Fri-Sun	4/9-11/04	Symposium-Adaptive	Sun Valley
Fri	4/16/04	Adaptive Pre-Exam Orientation Clinic	Mt. Hood Meadows
Sat-Sun	4/17-18/04	Adaptive Level I and II Exam	Mt. Hood Meadows

# Day Date TD DCL Training Events Location

Fri-Sun 11/14-16/03	Alpine, Snowboard Divisional Staff/ACE Clinician/TD T	raining	Timberline
Fri-Sun 11/14-16/03	Clinic Instructor Training-Skiing and Snowboard	Timberlin	e
Fri-Sun 3/5-7/04	3( )	olines)	Stevens Pass
Sat-Sun 3/20-21/04	TD Training (Alpine/Snowboard Exam Shadow)	Schweitz	er
Sat-Sun 3/27-28/04	TD Training (Alpine/Snowboard Exam Shadow)	Stevens	Pass
Sat-Sun 4/3-4/04	TD Training (Alpine Exam Shadow)	Crystal N	⁄ltn
Fri-Sun 4/9-11/04	TD Training @ Symposium	Sun Valle	еу
Sat-Sun 4/17-18/04	TD Training (Alpine/Snowboard Exam Shadow)	Mt. Hood	l Meadows
Sat-Sun 4/24-25/04	TD Training (Alpine/Snowboard Exam Shadow)	Mt. Bach	elor
Fri-Sun 5/7-9/04	Summer TD/Divisional Staff/ACE Clinician Training (Al	pine)	Mt. Bachelor
Fri-Sun 5/21-23/04	Summer TD/Divisional Staff Training (Snowboard)	Timberlin	e

Day	Date	Written	<b>Exams</b>	(for Levels	II & III	Location
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	TBA	Prof. Development Series (indoor) 7-9 pm	Seattle, Portland, Bend
Mon	2/9/04	Exam Checkpoint	Schweitzer, Mt. Hood Meadows
Sun	2/29/04	Exam Checkpoint	Stevens Pass
Sun	3/14/04	Exam Checkpoint	Crystal Mtn.
Sun	3/21/04	Exam Checkpoint	Mt. Hood Meadows
Sun	3/28/04	Exam Checkpoint	Mt. Bachelor
Sat	4/10/04	@ Symposium	Sun Valley

All written exams will start at 3:30 pm except the PDS Series which is scheduled for 7:00 pm. The written exam fee is \$15.

The written exam must be completed at least two weeks prior to the on snow modules. Please use an event application to register.

Location

# Day Date Regional & National Events Location

Mon-Sun4/19-25/04 National Academy Snowbird, UT Mon-Tue 4/26-5/4/04 National Team Selection Snowbird, UT

Sat-Sun 5/15-16/04 PSIA-NW Spring Board of Directors Meeting TBA

Sun-Wed5/23-2604 NSAA Convention Savannah, GA

Wed 5/24/04 AASI/PSIA National Board of Directors Meeting Savannah, GA

# **PSIA/AASI EVENT FEES EVENT** FEE EXAM CHECKPOINT \_\_\_\_\_\_40 EXAM ORIENTATION CLINIC 50 \_\_\_\_\_ 50 PRE EXAM CLINIC \_\_\_ ALPINE/SNOWBOARD II-III EXAM \_\_\_\_\_\_ 90 per module NORDIC II-III EXAM\_\_\_\_\_\_\_ 90 per day LEVEL II-III WRITTEN EXAM \_\_\_\_\_\_15 DAY CLINIC \_\_\_\_\_\_40 FREESTYLE CLINIC 40 PDS ( 5 week program) \_\_\_\_\_\_165 CLINIC INSTRUCTOR TRNG \_\_\_\_\_\_150 WOMEN'S COLLEGE \_\_\_\_\_\_ 140 DIVISIONAL ACADEMY \_\_\_\_\_225 3-DAY FREESTYLE CAMP \_\_\_\_\_\_110 3-DAY PDS CAMP (on snow) \_\_\_\_\_\_ 180 3-DAY SUMMER CAMPS \_\_\_\_\_\_ 220 TD FEE 110 ADVANCED CHILDREN'S ENDORSEMENT\_\_\_\_\_ 100 FALL SEMINAR \_\_\_\_\_50 SENIOR TOUR SERIES 120 MEMBER SKI SCHOOL CLINICS DAY (6 HRS) \_\_\_\_\_\_\_\_ 190.00 + 10 EACH PARTICIPANT CREDIT 1/2 DAY (3 HRS) \_\_\_\_\_\_ 120.00 + 10 EACH PARTICIPANT CREDIT

# Definitions:

**Quad Chairlift**: A high-speed ski lift that has the capacity to carry in a single chair unit all the individuals needed for a complete, self-contained skiing mishap at the unloading point, including the skier who makes the impact, the skier who trips him, the skier he hits, and one witness.

# Jeff "Goose" Goosman

# PSIA-NW 2003 Rookie of the Year

was very pleased to nominate Jeff Goosman, a.k.a. "Goose", an instructor at Olympic Ski School, for the Rookie of the Year Award. Jeff began working for Olympic two years ago as a cadet who assisted instructors who teach small children and those instructors teaching our junior racing program. His enthusiasm and dedication have been evident from the very first preseason clinic. I don't want to assume anything here, but I think that Goose actually enjoys pre-season clinics. He was interested in all information about teaching skiing to children and worked hard to get his Level I Certification during his cadet year. This year, he came back to co-direct the junior racing classes for both our Saturday and Sunday sessions. During this year, Jeff demonstrated many great qualities which make him a great Rookie of the Year.

Among these accomplishments and qualities is his obvious enthusiasm for teaching skiing to children. This can bee seen every morning as he arrives to set a course for his class with the race course "lollypop" already in his hand. I know that during the previous week he has probably talked to another race instructor or other knowledgeable instructor to help plan his lesson for this weekend. One really significant incident, which underlined Jeff's attitude, occurred on a very rainy Sunday when we actually had to cancel

ski school. Jeff, assuming that we would never cancel as long as the pass was open, headed straight off to the mountain with out checking with me. He arrived at Stevens Pass, went straight to Ski Patrol to pick up the "lollypop" and arrived at the ski school door to find a sign announcing our cancellation. Now that is dedication!

As everyone knows, ski schools are hardly wealthy enterprises and cannot afford new equipment very often. Jeff got around that problem and borrowed some great junior racing poles to use for our courses. He also found a friend, who was a former Ski Team member and talked him into volunteering with our program. This "volunteer" turned out to be a wonderful instructor and a real asset to the school.

Jeff's students enjoy him and his "up-beat" teaching style. He challenges them all while they are having fun. His class curriculum includes work on good skiing technique, learning good manners on the slopes and learning to develop a love of the mountains. Gate skiing is encouraged to give students a chance to demonstrate their newfound skiing skills.

Jeff has a good technical knowledge of skiing, but is constantly learning from others. He has an extensive background in good skiing and racing developed in the Lyon Ski School Ski and Race Program when he was a young skier. When Jeff received his Rookie of the Year award at Symposium this spring, he did not hesitate to thank his mother's efforts and

Mary Germeau Director of Olympic Ski School hard work, which allowed him the opportunity to take ski lessons and participate in a racing program.

It was my pleasure to be able to award Goose with his Rookie Award at Symposium and my good luck to have him on my staff again this winter.

# Divisional Staff Uniforms Clearance Sale

We are offering discounted prices for uniforms pieces that are currently in our inventory.

Sims Snowboard Jackets - \$60.00 Tan with Grey/Red trim

XL – 1

L - 3

M-2

Karbon Shell Jackets (warm-up) -\$20.00

Red with Grey/Black trim

L - 3

Karbon Shell Pants (warm-up) -

\$15.00

Red with Grey/Black trim

L – 3

Karbon Pant - \$70.00

Royal Blue with Black Suspenders

XL - 1

L-2

Karbon Jacket - \$90.00 Red with Tan/Black trim

XL - 1

L – 1

M-1

Karbon Pant - \$55.00

Black Red L-2 S - 1

Add \$6.00 shipping/handling.

M – 1

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Video/Book Reviews

# PSIA Adaptive Snowsports Instruction

by Ed Kane

≺his is the latest in the manu als being produced by the PSIA to provide the latest in information on the various aspects of teaching and enjoying the delight of the mountain environment. Adaptive instruction opens up this opportunity for that segment of the population that has some level of disability. This manual is the product of a PSIA committee chaired by Gwen Allard. The contents are the most comprehensive that I have recently seen and they cover all of the aspects of teaching this group of guests. It contains the latest information on specialized equipment needed for the various handicaps that might be encountered. In addition, it is formatted to cover both stand-up and sit-skiing, snowboarding and Nordic. This 108 page manual is done in the same format as the most recent PSIA publications and is available for \$24.50 plus postage & handling from either the PSIA-NW office or the national office.

Overall this manual contains a significant amount of information of value to those engaged in teaching guests with various disabilities. It is well illustrated and contains some useful summary tables that might

be reproduced for use on the hill. It would be a very valuable in the reference library of any school that has staff devoted to this segment of the mountain sports population. It would also be especially valuable to anyone who is in the process of obtaining certification in this aspect of snowsports instruction.

The first third of the manual provides information on the various disabilities that may be encountered in the teaching process. The remainder is devoted to a discussion of the specialized equipment that is used to help the guest compensate for their particular disability. The introduction and first chapter cover a great deal of general information that is of significant value to the instructor. Material covers etiquette, responsibility, guidelines for fun and safe snowboarding & skiing and suggestions to make it a great experience for both the instructor and the guest. A brief but complete discussion follows on the various types of disabilities that one may encounter and identifies what is unique about each from the instructor's perspective. Potential symptoms and outcomes are covered and there is even a section on medications and their potential effects. This is followed by material on student assessment which contains a rather useful "student information form" that provides a rather convenient method for assessing and recording information for the initial and follow on lessons. The next chapter deals with developmental and cognitive disabilities, how to understand the needs of each type and some guidelines on teaching methodology for this group depending on their skill level. Blindness is covered in the following chapter which contains some guidelines on assessing the needs of the student, approaches to use when teaching and information on methodology to be used at each skill level.

The remainder of the manual contains information on the equipment that is used to assist guests with physical disabilities. This includes outriggers for 3 and 4 track skiing, ski legs, sit-skiing, mono-sit-skiing, adaptive snowboarding and adaptive Nordic. Each section contains information on the equipment, how to select and set it up for the guest and suggested approaches for teaching at the various skill levels. The presentations are brief but contain a wealth of information of value to the instructor in each situation.

# Alpine DCL Tryouts March 5-7, 2004 Stevens Pass

\*Must be Level III member in good standing

\*Must have an excellent working knowledge of the current manuals, trends, and certification standards

\*Must have fabulous communication skills
\*Must be able to ski well above the Level III standards
\*Must be Level I A.C.E. accredited

Please call the PSIA-NW office after Jan. 1st to request an application packet.

# To Run For The: Board of Directors

by Carol Christofero, Executive V.P.

o run for a board position, you must submit a timely announcement of candidacy. An election is held only if a position is contested (i.e. there are two or more candidates for the position). Unfortunately, often there is only one candidate for many of the board seats up for election. The following are the board positions up for election this spring and the name of the position incumbent, if any, standing for re-election:

In addition, there will be an election for one Member School position this year. Regions III & IV are up for re-election this spring. This is 3 year term.

Region I – represents The Summit, Stevens Pass, Crystal Mountain, and Mt. Baker, expires 2005 (Ken Hand)

Region II – represents Mt. Hood and Bend, expires 2003 (Frank Jacobson)

Region III – represents Blue Mountain, Spokane, North and South Central, expires 2004 (Sally Brawly)

Region IV – represents Nordic, Snowboard and Adaptive, expires 2004 (Lance Young)

# Announcement of Candidacy PSIA/AASI-NW Board of Directors please return no later than 4:00 pm, January 6th, 2003

Submit to: PSIA-NW 11206 Des Moines Mem Dr. Suite 106 Seattle, WA 98168 Fax: 206-241-2885 Email: office@psia-nw.org

Name	Region	Position#
Ski School		PSIA-NW#
Off the snow occupation		
PSIA-NW Involvement		
C		
(Attach additional pages if necess	sary*)	
Signature		Date
Address		
Home Phone	Day	Phone

\*Thank you for your interest in running for the Board of Directors. Please keep your announcement of candidacy concise and accurate.

# **PSIA-NW Tech Team Tryouts**

March 18-21, 2004 Schweitzer Mtn.

\*Must be a Level III Alpine member in good standing for at least 2 years.

\*Must be at least 21 years of age

\*Must be Level I ACE accredited

\*Must have a passion for knowledge and fun

# **Schedule of events**

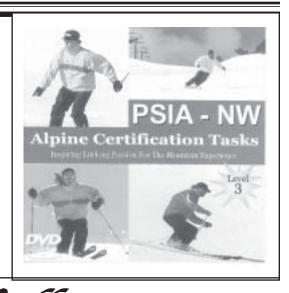
March 18th: Personal Interviews begin at 6:00pm March 19th-21st: On snow evaluation

Please call the PSIA-NW office after Jan. 1st to request an application packet.

# Alpine Certification Tasks now on DVD

Level II Tasks-\$15.00 plus S/H Level III Tasks-\$15.00 plus S/H

Contact the PSIA-NW office for your copy!!



# Symposium

Sun Valley

2004

Come join us at Sun Valley, Idaho for our 2004 Spring Symposium, April 9-11. Enjoy spectacular spring skiing and loads of outdoor recreation at one of the country's premier resorts. Sun Valley has generously offered Symposium participants and their families \$32 per day lift tickets. Rates are good April 4th-13th.

Sun Valley is offering discounted rates at the Lodge and Sun Valley Inn as well as other Sun Valley properties.

FLY TO SUNVALLEY! April 9 - 11, 2004 Horizon Airlines is again offering Special

Discounts to PSIA/AASI-NW members and families on fares to Sun Valley for Symposium! Fly anytime between April 4th and April 14th, 2004 and take advantage of these savings!

check out psia-nw.org for details

# Can I Show You?

# (Using the two point hold)

John Stevenson

I am remembering a snowy afternoon in the middle of winter a few years ago. The light was flat, that "just before the night skiing lights come on" flat. The half a dozen or so level II alpine candidates were cold, wet and tired, as was I, their fearless leader. We had successfully practiced and gained skills with most of the required level II skiing tasks. One thing left to nail down was maintaining a strong inside half. Some of the group had it but a few just would/could not change direction without driving the outside hip around and then wondering why they lost edge contact on the outside ski.

I knew I was providing a decent demo, We did it slow, medium, from front, from back, from both sides, worked on it in wedge turns and wedge Christies, open parallel, had others in the group demo, I got up close and personal with hands on positioning between practice runs. But for some reason a couple in the group were not "getting" it.

As I started to admit to myself that I just might have to let this one go for now, it donned on me that I was being linear in my teaching technique. Why not make use of all of the goodies in my bag-o-tricks? What had been floating around in that bag, just out of reach or should I say just out of sight was the trusty old "two point hold". The two point hold is a great method of giving hands on information about stance and body positioning while moving. It can also be used to aid a frightened student off a run above their skill or comfort level. (I highly recommend that you take a clinic on two point hold before attempting it with a student!)

The technique is quite simple and effective when done correctly. You, the instructor slide up behind the student and place your stronger leg/ski between the skis of the student. Be sure to get the students permission before attempting the maneuver. You then place your hand on either the hip and or the knee of the student, grabbing pant and coat for grip. You then start slowly in a wedge at first and then to a wedge Christie when appropriate. With your hands on the knee and hip you can then help coach the body into the desired position while sliding.

A little practice on the green run yielded great success. The instructors that did not change body position before, were able to feel the more effective, (though awkward at first) position. This new position transitioned into an efficient movement pattern on a "free" run to finish up the clinic. We finished on an up note and I did not have to choose between my ego and the comfort of those in my charge.

The adaptive community has made use of the two point hold for many years. I would like to suggest that the non adaptive instructor may be able to make use of it as well. So I would like to take this opportunity to invite you to take an adaptive clinic this winter.

# Thank you to the Jim Lucas Memorial Fund.

The Adaptive committee has been selected to have some divisional clinics underwritten through funds from the Jim Lucas Memorial Fund. We will be offering several adaptive clinics throughout the winter season. Some of the possible topics will be: introduction to adaptive, adaptive techniques for the non adaptive instructor, adaptive snowboard, Nordic and others. We will be offering clinics in Western Washington, Eastern Washington and Oregon. Stay tuned for locations and dates.

As always send me an email if you have any questions or comments about adaptive snow sport instruction. I know some of the answers and have a lot of smart friends for the rest. Email:johnstevenson@skiforall.org

# Lift Ticket Discounts

Kathy Hand

Membership Benefits Committee Chair Dear Instructors,

We are once again able to offer you discounted lift tickets due to the generosity of the many ski areas participating in this program. Please check Member Benefits under "About Us" at psia-nw.org for the most recent updates.

Each area has its own rules regarding where you check in to receive this benefit, what documentation you must have with you, and the type of ticket and the amount of discount available on the ticket. All areas require that you are a current member of PSIA (national).

This program was evaluated last year by the participating ski areas with no instructor abuses reported, but you must remember that one person can ruin a good thing for us all. We will again ask the participating ski areas to evaluate the program and submit the names of any instructors who have abused or misused the program. All incidents will be reviewed by the Ethics Committee for further action.

We must maintain a good professional approach to insure that this program will not only continue to be available for instructors, but also that the number of participating areas will increase.

# Some of the ethics involved when purchasing a discounted lift ticket are:

- 1. Follow all of the area rules.
- 2. Be polite.
- 3. Never buy a ticket with your card for someone else.
- 4. Never resell or give away your discounted ticket.
- 5. Never teach guests for free or for money away from your home area. Guide your friends/relatives to the host area's resident ski school.
- Never talk poorly of an area that has provided you a benefit. If you can't think of something good to say, then say nothing at all.

Please remember not all areas give us the same benefits. Check your list carefully before going to an area so you have all of the necessary documentation and are not disappointed. Of course don't forget to thank them too.

# **PSIA-NW MEMBERSHIP BENEFITS**

# 2003-04 SEASON LIFT DISCOUNT INFORMATION

# OREGON

HOODOO SKI AREA 50% OFF 1>CURRENT PSIA CARD

2>OUTSIDE TICKET WINDOW - NORTH LODGE

MT. ASHLAND SKI AND SNBD RESORT COMP SKIING 1>CURRENT PSIA CARD

2>SEASON PASS

3>LETTER FROM DIRECTOR CONFIRMING

**EMPLOYMENT** 

MT HOOD MEADOWS \$10 OFF SHIFT TICKET PRICE1>CURRENT PSIA CARD

2>VALID DEC-MARCH (NO EARLY OR LATE

**SEASON** 

SKI ANTHONY LAKES COMP 1>CURRENT PSIA CARD

2>CURRENT STAFF ID (EMPLOYEE ID) FROM

SKI AREA WHERE WORKING

TIMBERLINE \$20.00 1>NOT VALID IN SUMMER AND FALL

2>CURRENT PSIA CARD

3>AVAILABLE 7 DAYS A WEEK

WILLAMETTE PASS COMP 1>PNSAA EXCHANGE LETTER

WASHINGTON

**IDAHO** 

CRYSTAL MOUNTAIN NO CHARGE 7 DAYS/ WEEK 1>FULL-TIME INSTRUCTOR EMPLOYED BY

A SKI AREA

2>LETTER TO VALIDATE EMPLOYMENT

3>CURRENT PSIA CARD

49° NORTH 50% OFF 1>CONTACT TICKET OFFICE

2>CURRENT PSIA CARD

MISSION RIDGE \$20 TICKET 1>ORIGINAL LETTER FROM DIRECTOR/SUPER.

2>CURRENT PSIA CARD

MOUNT BAKER \$16 MON-FRI 1>CURRENT PSIA CARD

**\$26 Weekends& HOLIDAYS** 2>SEASON PASS/LETTER FROM TEACHING AREA

3>EFFECTIVE AFTER 12/1/03

SKI BLUEWOOD 1/2 PRICE 1>TICKET WINDOW

2>CURRENT PSIA CARD

STEVENS PASS 20% DISCOUNT 1>SHOW SEASONS PASS

2>CURRENT PSIA CARD

THE SUMMIT AT SNOQUALMIE \$21 1>CURRENT PSIA CARD

2>CURRENT SEASON PASS FROM SKIAREA WHERE

**TEACHING** 

3>PHOTO I D. (IF NOT ON PASS) 4>GO TO ANY TICKET BOOTH

WHITE PASS \$19 MID-WEEK/ \$24 WEEKEND 1>LEVEL 2 & 3 ONLY

2>CURRENT PSIA CARD

BOGUS BASIN \$18 TICKET 1>GO TO SKI SCHOOL OFFICE

2>CURRENT DATED LETTER FROM YOUR SKI

SCHOOL DIRECTOR

BRUNDAGE MTN CO. \$5 off or Free 1>CURRENT PSIA CARD

2>SEASON PASS

3>LETTER FROM DIRECTOR STATING FULL-TIME

I NSTRUCTOR STATUS

SCHWEITZER MTN. RESORT **NO CHARGE** 1>GO TO TICKET WINDOW

> 2>INSTRUCOTRS EMPLOYED BY ASKI AREA 3>RING LETTER FROM HR DEPT. VALIDATING

**EMPLOYMENT** 

SILVER MTN 1/2 PRICE TICKET 1>GO TO TICKET OFFICE AT BASE MTN.

2>SHOW PSIA CARD AND PHOTO ID

**SUN VALLEY RESORT** \$20 OFF REG. \$66 TICKET **1>LEVELS 2 & 3 ONLY** 

> 2>CURRENT PSIA CARD 3>LETTER FROM DIRECTOR 4>RECEIVE AT TICKET WINDOW

**ALASKA DIVISION** 

DISCOUNT 1>PURCHASE TICKET AT TICKET WINDOWS

2>CURRENT PSIA CARD

2>GO TO SKI SCHOOL WINDOW

3>PHOTO ID

**EAGLE CREST** FIRST 2 DAYS FREE - ADD'L DAYS 50% OFF 1> CURRENT PSIA CARD

ROCKY MOUNTAIN DIVISION

LEVEL III COMPLEVEL II 50% DISCOUNT 1> CURRENT PSIA CARD

ANGEL FIRE RESORT **ARAPAHOE BASIN** 1>GO TO TICKET WINDOW OR SKI SCHOOL

2>CURRENT PSIA CARD AND PHOTO I.D.

ASPEN, SNOWMASS, BUTTERMILK, ASPEN MT \$36 1>ANY TICKET WINDOW

2>CURRENT PSIA CARD & PHOTO I.D.

**COPPER MTN DISCOUNT** 1>BOT TO ANY GUEST SERVICE OR TICKET

**WINDOW** 

2>CURRENT PSIA CARD

STEAMBOAT SKI & RESORT \$44 DAILY RATE 1>GO TO SKI SCHOOL

2>SEASON PASS/LETTER OF INTRODUCTION FROM

SKIAREA

3>CURRENT PSIA CARD

4>PHOTO I.D.

**TAOS SKI VALLEY** DISC 1>GO TO SKI SCHOOL TICKET OFFICE

> 2>CURRENT PSIA CARD OR A LETTER OF INTRO. FROM RESORT OF EMPLOYMENT

3>NOT VALID 12/28-31/03, 2/14-15/04 OR 3/15-17/04

**VAIL & BEAVER CREEK TBD** 1>GO TO ANY TICKET WINDOW

> 2>CURRENT PSIA CARD 3>MUST BE CERTIFIED

4>ONE PASS PER DAY, PER PERSON

**TELLURIDE** \$25 LIFT TICKET 11/26/03-4/4/04 1>CURRENT PSIA CARD

2>LETTER FROM EMPLOYER

WINTER PARK RESORT DISCOUNT 1>CURRENT PSIA CARD

2>MUST BE AN ACTIVE PSIA MEMBER SKI SCHOOL

**EMPLOYEE** 

MAMMOTH/JUNE SKI AREAS 25% DISCOUNT 1>LETTER FROM DIRECTOR

2>CURRENT PSIA CARD/PHOTO I.D.

3>GO TO ANY TICKET COUNTER

**SUGAR BOWL** DISC 1>CURRENT PSIA CARD

2>LETTER FORM SS DIRECTOR

3>AREA PASS

4>GO TO SPECIAL TICKETS WINDOW

5>CALL DAY BEFORE (530) 426-6770 MIKE IMAN

**LEVEL III COMP** 1>GO TO TICKET WINDOW **TAHOE DONNER SKI AREA** 

2>CURRENT PSIA CARD

NORTHWESTSnowSport Instructor

**WESTERN DIVISION** 



Help celebrate our 20<sup>th</sup> Season. Get a team together for one of our seven leagues at Alpental or Summit West.

or

Get your kids in one of our Friday RaceMeister Kids Leagues or the new Saturday Night Middle / High School CityLeague at Alpental....

or

Come help coach and have some fun with kids 8 to 18 !

Contact Chris at 206 633 1121 or check cityleague.com for more contact info....email: racemeister@cityleague.com

# "Mountain Experience" continued from page 7

A white board passes by. You are looking for lane 14.

Traversing down the ridge is almost overwhelming as you pass the barely comprehensible chatter of radios, groups of racers talking all at once, flags waving, randomly set poles everywhere, piles of gear scattered against the snow bank. With no lane numbers, you look for familiar faces. Slowing to a snowplow, you see a group below. Rolling off the edge, you weave your way down through black, heat-soaked rocks.

Then familiar faces appear: Nelson, Chris, Marty. You had decided well in advance you wanted a slower group, but a friendly wave from Ed and Scott (both having attended camp over 13 consecutive years) qualifies you for Jeff's team of skiers

Your apprehension about skiing for the first time in months is forgotten as Jeff (mercifully?) takes you through slow warm-up drills over salt-hardened snow. The shyness of the first few runs is quickly forgotten, as you find your zone. You ski faster and with more confidence with each run. The lift rides are many, punctuated by the chatter of racers in line. Your vertical feet skied increases. Gates are becoming a blur as skills improve. The days pass too quickly. You are having the time of your life.

By the end of the third day, you are sore and tired but smiling big. The last run is taken as slowly as possible just to make it last. The end of the snow, marked by a STOP sign, prompts you for the dusty journey to the parking lot. Stepping over small creeks and rock-strewn paths, your sore chins and aching shoulders are forgotten as staring tourists greet you.

At your car, you peel off sticky clothes (and let those socks air out). Then you take a moment, turning slowly in a circle to anchor the view into memory. Your last sight of this majestic mountain is in your rear view mirror.

The Final Evaluation: summer skiing at Mt. Hood will definitely inspire your passion for the mountain experience.

# ADVANCES IN TECHNOLOGY

All divisions are slowly moving over to National's data base. The Eastern Division, which is our largest division with some 11,000 members, is presently in the process, and is the fifth division to do so. Was it a monumental effort for Eastern and National? You bet!! And it required well over a year of work on everyone's part. Northwest is presently switching our operations over to the National data base, which should be completed some time in the next year. The benefits to the division are greatly reduced costs for software, licensing, programming and maintenance troubleshooting. Our operation should be more dependable, and the features available to us will be greater than any single division could have developed on their own. Moreover, each division will still have complete control over all of its operations. The National Association and member both benefit by a smoother transfer of information from Division to National and a higher level of personal service. Dues, events registration, educational materials, catalog sales, and general information and assistance should all be handled more efficiently under the new system.

# NEW CORPORATE NAME FOR PSIA/AASI

The corporate name Professional Ski Instructors of America "PSIA" and Professional Ski Instructors of America-Education Foundation "PSIA-EF", has been changed to American Snowsports Educational Association "ASEA", and American Snowsports Educational Association-Education Foundation "ASEA-EF". This is a corporate name change only, and all brands will be left alone. Therefore, the brands of PSIA, PSIA-EF, and AASI, will op-

erate as d/b/a's (doing business as) of ASEA. The new name was thanks to the Snowboard Task Force who brought the proposal before the Board.

The Northwest Board had voted the proposal down at our Fall meeting, and I therefore was the one negative vote against the name change.

# **INTERSKI**

Any of you who are interested in a good look at what Interski was last year, please look within the Fall 2003 publication of the *Professional Ski Instructors* for a complete review of what happened.

## PRESIDENT'S COUNCIL

At our Fall meeting we had six new presidents out of nine. The President's Council is not only part of the National Business Model, but a forum for Divisional interaction.

## SPRING ELECTION

The National officers are coming up for re-election, and I have been appointed to serve as the nominating committee for the May elections.

In conclusion I want to leave all of you with one thought about our National and Divisional organization. It is not our website, our educational publications, or our clinics that give you, as a member, value. It is the role models that we meet, our ability to network within the association, and most importantly the life-long relationships we build within the Division and National that give our organization value to you.

# Win a Free Avalanche Transceiver

A graduate student at the University of Montana is conducting a survey, which will determine what influences backcountry recreationists' risk of exposure to avalanches. The survey results will be used to hone avalanche education and other prevention methods in order to keep backcountry recreationists from being exposed and hurt by avalanches. The survey will take about three minutes to complete. Please log on to www.calaboose.com/avalanche and help with this research and also enter to win a free avalanche transceiver.

www.calaboose.com/avalanche



# **PSIA-NW Event Application**



PSIA-NW / PNSIA-EF / AASI 11206 Des Moines Memorial Dr., Suite 106 Seattle, WA 98168

Phone: (206) 244-8541 Fax: (206) 241-2885 E-mail: office@psia-nw.org

• • • • • • • • • • • • • • • • • • • •	<u></u>
Please fill out all applicable lines for your event	FOR OFFICE USE
PSIA-NW Membership #Cert Lev	el
Ski/Snowboard School:	
Name:	
Name:last	first
Address:	
Check here if address has changed	city state zip
Daytime Phone: ()	Home Phone: ()
Email Address:	
Discipline: ☐ Alpine ☐ Snow	board
EDUCATION EVENTS	CERTIFICATION EXAMS
Fill out this box for: Fall Seminar, Day Clinics, Night Clinics, Women's College, Professional Development Series, Exam Checkpoints-Mock Exam, Level II-III Written Exams, Advanced Children's Endorsement, GS Camp, Divisional Academy, Exam Orientation Clinics, Senior Tour, Freestyle Clinic, Ski School Clinic Leader Training, PDS Camp, and Summer Race Camps.  Event Name:  Event Date:  Unless otherwise stated, all events check in at the Day Lodge. Day Clinics begin at 9:00 am and Night Clinics at 7:00 pm.  All written exams will begin at 3:30 pm except the PDS Series, which is	Exam Level: Level I Level II Level III  Exam Date:
Signature	Date
TO AVOID A LATE FEE, registration is required 14 days prior to an evenight event and a \$20 late fee for a two-day event. If you are injured an and \$20 for a two or more day event from your refund. REFUNDS REGISTANCE	ent. If space is available, you will be assessed a \$10 late fee for a day or d are unable to attend your event, we will deduct \$10 for a one-day event QUIRE A NOTE FROM YOUR MEDICAL PROVIDER.  Date
Fee Paid: \$	☐ Cash/Check ☐ Visa/MC
Visa/MC #	
Expiration/ Signature	

# cont. from page 10

What's my point? The tasks themselves are just a conduit for evaluating the components of good skiing. Each of our skiing tasks are great tools for enhancing your skiing, but the criteria are the pieces of the puzzle that makes each of the tasks come together in an efficient and effective manner. If one or more of the pieces are missing, that piece will also be missing in one or more of the other tasks. Your focus, while training for your exams or just training to improve your own skiing, should be to choose a missing link in your skiing and focusing on that in all dimensions of your skiing. Once you have mastered that, you should have no problem in making it work in the exam tasks themselves. If you focus just on improving the exam tasks you continue down the frustrating certification road. Focus on the movements that affect your skill blending and you will see your overall skiing improve and enjoy the process much more. This is the concept behind the new National Standards.

# in remembrance

This summer a member of our skiing community passed away unexpectedly. August "Auggie" Devenere. Auggie had been a ski instructor at 49° North, Mt. Spokane and Schweitzer Mtn over the last several years. He took last season off in order to have more time to spend skiing with his family and friends. He will be missed by all of us and we wish his family the best.

The PSIA-NW Board of Directors is looking for a

Financial Vice President

To serve on the board

This person does NOT have to be an

Elected Board Member

If you have financial experience

And want to get involved this is your chance!

Some of the desired knowledge would be:

\*Great Plains Accounting Experience

\*Some Tax knowledge

\*Financial Analysis

\*Budgeting

\*MS Word and Excel

\*Communications and Team Work

If interested please contact:
Carol Christofero
Ex. V.P., PSIA-NW
503-697-1011
CCHRIS4@juno.com
\*\*

The Office at PSIA-NW 206-244-8541 office@psia-nw.org

NORTHWEST SnowSport Instructor **PSIA-NW/AASI** 

PNSIA-Education Foundation

11206 Des Moines Memorial Drive, Suite #106 Seattle, WA 98168-1741 (206)244-8541 www.psia-nw.org

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